

The Best is The Best (aka The Best EZ)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: V. Allen L. Isidro (USA) - May 2023
音樂: The Best - Tina Turner



In Memory of Tina Turner

Set 1 Forward, quarter turn, recover, crossing chasse, side rock, recover, quarter sailor

1-2-3, 4&5 Forward R – ¼ turning L – recover R, crossing shuffle L-R-L (3:00)

6-7, 8&1 Side R - recover L, behind R - side L – ¼ forward R (12:00)

Set 2 Back mambo, kick, ball, point, kick, ball, side, recover

2&3, 4&5 Forward L - recover R – together L, kick R – ball R – L toe out

6&7, 8 Kick L – ball L – side R, recover L

Restart on wall #2 (9:00) wall #5 and wall #9 (12:00)

Set 3 Behind, side, crossing chasse, rock, recover, quarter sailor

1-2, 3&4 Behind R – side L, crossing shuffle R-L-R

5-6, 7&8 Side L – recover R, ¼ sailor shuffle L-R-L (9:00)

Set 4 Rocking chair, half pivot, half pivot

1-2-3-4 Forward R – recover L – back R – recover L

5-6-7-8 Forward R – ½ turn L (3:00) – forward R – ½ turn L (9:00)

START ALL OVER ON NEW WALL

Option: Can be faded about 4:15 min of the 5:15 original song facing 12:00 at Rocking Chair on set 4

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