

If I'm Dancing

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Improver
編舞者: Bambang Satiyawan (INA), Yumiko Miko (INA), Arefen Ben Djunaed (INA), Ayek Lesmana (INA), Dewa Kandel (INA) & Ernie Yin (INA) - May 2023
音樂: If I'm Dancing - Britney Spears



Start dance on vocal,

Section I. WALK-SIDE MAMBO CROSS-SIDE ROCK RECOVER TURN AND SWEEP-COASTER STEP

1 - 2 Walk RF-LF
3&4 Step RF to side, Step LF in place, Cross RF over LF
5 - 6 Rock LF to side, Recover on RF by turning 1/4 left and Sweep LF back
7&8 Step LF back, Close RF beside LF, Step LF forward

Section II. TOE STRUTH TURN-TOE STRUTH CROSS TOUCH-SIDE TOUCH-SAILOR

1 - 2 Touch RF forward (with hip motion), Step RF in place by turning 1/2 left
3 - 4 Touch LF in place (with hip motion), Step LF in place
5 - 6 Touch RF cross over LF, Touch RF to side
7&8 Cross RF behind LF, Step LF to side, Step RF to side

(*7&8 Change Step and Restart here on wall 4)

Section III. CROSS - HOLD - SIDE STEP - CROSS -TOUCH - PIVOT 1/4 LEFT - HIP WAVE

1 -2& Cross LF over RF(1), Hold (2), Step RF to side
3 - 4 Cross LF over R (3), Touch RF to side (4)
5 - 6 Step RF forward (5), Turn 1/4 left Step LF in place (6)
7 - 8 Push right hip to side (7), Push left hip to side (8)

Section IV. JAZZ BOX - KICK BALL CHANGE 2X TURNING 1/4 L

1 - 2 Step RF forward - Step RF back
3 - 4 Step RF to right - Step LF forward
5 & 6 Kick RF forward - Step RF beside LF - Turn 1/8 L Step Lf forward
7 & 8 Kick RF forward - Step RF beside LF - Turn 1/8 L Step LF forward (09.00)

Section V. ROCK RECOVER-COASTER STEP- PIVOT-CHASSE

1 - 2 Rock RF forward - Recover on LF
3 & 4 Step RF back - Ball LF close to RF - Step RF forward
5 - 6 Step LF forward - Turn 1/2 right weight on RF
7 & 8 Turn 1/4 left stepping LF side - Ball RF close to LF - Step LF side (06.00)

Section VI. ROCKING CHAIR-SIDE TOUCH-SIDE DRAG TOUCH 1 - 2 Rock RF forward - Recover on LF

1 - 2 Rock RF forward - Recover RF
3 - 4 Rock RF backward - Recover LF
5 - 6 Step RF Side - touch LF beside RF
7 - 8 Big step LF side and drag RF - touch RF beside LF

*Change Step and Restart on Wall 4 after 14 Counts...change Sailor to be Sailor Turn 1/4 right and Touch Beside, and then Restart facing 12.00

Enjoy the dance,

Contact person:
bambang.1709@gmail.com
ernie.yin@gmail.com

ayeklesmana@gmail.com
DewakEntertainment@Gmail.com
ben.djunaed@gmail.com
yumiko.takashi78@gmail.com

Last Update: 13 June 2023
