

In Reality (En Realidad)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lynne Herman (USA) & David Herman (USA) - May 2023
音樂: En Realidad - Ángela Aguilar



****2 Tags: Tag #1 (4 counts) at the end of Walls 1, 3, 7. Tag #2 (8 counts) After Wall 2**

NOTE: The recording artist teaches a VERY athletic dance at <https://youtu.be/YDtUoTvyu2M>. It would break bones and tear muscles in most of us normal folks. So we created this easy Beginner version to allow everyone to enjoy dancing to this music.

S1: VINE RIGHT, CLAP TWICE, TURNING ¼ LEFT VINE WITH RF TOUCH, CLAP TWICE

123&4 Step RF to right (1); step LF behind RF (2); step RF to right (3); clap (&); clap (4)
567&8 Step LF to left (5); step RF behind LF (6); turning ¼ right, step RF forward (7) (9:00); clap (&);
brush RF and clap (8)

S2: FORWARD & TAP, BACK & HEEL TOUCH (2X)

1234 Step RF forward (1); tap left toe beside RF (2); step LF back (3); touch right heel forward (4)
5678 Step RF forward (5); tap left toe beside RF (6); step LF back (7); touch right heel forward (8)

S3: FORWARD, TOGETHER, HEEL-SPLIT, BACK, TOGETHER, HEEL-SPLIT

12 Step RF forward (1); step LF beside RF (2)
&3 Bounce up on toes (&); swivel both heels out and drop heels to floor (3)
&4 Bounce up on toes (&); swivel both heels in and drop heels to floor (4)
56 Step LF back (5); step RF beside LF (6)
&7 Bounce up on toes (&); swivel both heels out and drop heels to floor (7)
&8 Bounce up on toes (&); swivel both heels in and drop heels to floor (8)

S4: HEEL-SWITCHES, V-STEP (OPTIONAL V-STEP ON HEELS)

12 Touch right heel in front, keeping weight on LF (1); recover RF beside LF with weight (2)
34 Touch left heel in front, keeping weight on RF (3); recover LF beside RF with weight (4)

****56 Step RF diagonally right (5); step LF diagonally left with weight, even with RF (6)**

78 Step RF back to original position (7); step LF back with weight, beside RF (8)

****56 Optional: on the first two counts of the V-Step, execute the Out-Out on your heels**

TAG #1 (4 COUNTS), AFTER WALLS 1, 3, 7: SIDE, TOUCH, SIDE, TOUCH

1234 Step RF to right side (1); touch LF beside RF (2); step LF to left side (3); touch RF beside LF
(4)

TAG #2 (8 COUNTS), AFTER WALL 2: SIDE, TOUCH, SIDE, TOUCH, V-STEP (OPTIONAL V-STEP ON HEELS)

1234 Step RF to right side (1); touch LF beside RF (2); step LF to left side (3); touch RF beside LF
(4)

56 Step RF diagonally right (5); step LF diagonally left with weight, even with RF (6)

****56 Optional: on the first two counts of the V-Step, execute the Out-Out on your heels**

78 Step RF back to original position (7); step LF back with weight, beside RF (8)

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