

Still Simply the Very Best!

拍數: 48 牆數: 2 級數: Improver
編舞者: Shanthie De Mel (AUS) - 25 May 2023
音樂: Simply The Best - Tina Turner



Begin: Intro -16 counts from start of track. Dance begins on vocals... "I call you"
Restart after 16 counts during 4th Sequence facing 6:00.
Finish facing 12:00 with a cross unwind.

(1- 8) DOROTHY RIGHT. DOROTHY LEFT. SCISSOR STEP RIGHT & LEFT.

1, 2& Step R diagonally forward. Lock L behind R. Step R diagonally forward.
3, 4& Step L diagonally forward. Lock R behind L. Step L diagonally forward.
5&6 Step R to right side. Step L together. Cross R over L.
7&8 Step L to right side. Step R together. Cross L over R. (12:00)

(9-16) VINE RIGHT WITH FORWARD SCUFF. LEFT ROCKING CHAIR.

1,2,3,4 Step R to right side. Step L behind R. Step R to right side. Scuff L forward. (12:00)
5,6,7,8 Rock L forward. Recover R. Rock L back. Recover R.

RESTART 4TH SEQUENCE HERE AFTER 16 COUNTS. FACING 6:00

NOTE When count 16 is done before the restart, TOUCH R on Recover, to continue with Dorothy on R.

(17-24) VINE LEFT WITH FORWARD SCUFF. RIGHT ROCKING CHAIR.

1,2,3,4 Step L to right side. Step R behind R. Step L to left side. Scuff R forward.
5,6,7,8 Rock R forward. Recover L. Rock R back. Recover L. (12:00)

(25-32) SAILORS BACK X2. STEP. TAP X2

1&2 Cross R behind L moving back. Step L to left side. Step R to right side.
3&4 Cross L behind R moving back. Step R to right side. Step L to left side.
5, 6 Step R to right side. Tap L to R.
7, 8 Step L to left side. Tap R to L.

(32-40) SIDE. TAP. SHUFFLE LEFT. ROCK BACK. RECOVER. TURN ¼ LEFT. SIDE. HOLD.

1, 2, 3&4 Step R to right side. Tap L to R. Shuffle left L-R-L
5, 6 Rock back R. Recover L.
7, 8 Turning 1/4 left Step R to right side. Hold. (9:00)

(40-48) SIDE. TAP. SHUFFLE RIGHT. ROCK BACK. RECOVER. ¼ LEFT SIDE. HOLD.

1, 2, 3&4 Step L to left. Tap R to L. Shuffle right R-L-R.
5, 6 Rock back L. Recover R.
7, 8 Turning 1/4 left Step L to left side. Hold. (6:00)

Last Update - 11 July 2023 - R2