Trapped In Love With You

拍數: 32

牆數:4

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音樂: Trapped - Colonel Abrams

S1: Box Forward, Cross, ¼ Turn Back, Box Forward, Cross, ¼ Turn Back

- 1&2 Right foot to Right side, Left next to Right, Right foot forward
- 3, 4 Cross Left over Right, Step Right foot back with 1/4 turn Left
- 5&6 Left foot to Left side, Right next to Left, Left foot forward
- 7, 8 Cross Right over Left, Left foot back with ¼ turn Right

S2: Chasse, R/R, Chasse, Rock ¼ Turn, Recover

- 1&2 Right to Right side, Left next to Right, Right to Right side
- 3, 4 Rock Right behind Left, Recover onto Left
- 5&6 Left to Left side, Right next to Left, Left to Left side
- 7, 8 Rock Left behind Right, Recover onto Right with ¼ turn Right

S3: Diagonal Shuffle, Heel, Toe, Diagonal Shuffle, Heel, Toe

- 1&2 Shuffle diagonally forward Right-Left-Right
- 3, 4 Left heel forward, Left toe Back
- 5&6 Shuffle diagonally forward Left-Right-Left
- 7, 8 Right heel forward, Right toe back

S4: Shuffle Forward with Hitch, Shuffle Back with Hitch, Walk Round Full Turn

- 1&2 Right foot forward, Left next to Right, Right foot forward whilst hitching Left
- 3&4 Left foot back, Right foot next to Left, Left foot back whilst hitching Right
- 5-8 Walk around a full turn to your Left walking Right, Left, Right, Left

RESTARTS: Wall 4 after 16 counts

Wall 9 after 16 counts





級數: