

M&M II Moonlight Bay

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 1 級數: Phrased Improver
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音樂: Moonlight Bay - Doris Day



**Note: Music & Motion series II are routines for people using canes & walkers.
(1-wall phrased) AABBCC-AABBC**

Set A Alternating hand sways right and left

1-8 R hand sway front-side, L hand sway front-side, R hand sway front-side, L hand sway front-side
1-8 R hand sway front-side, L hand sway front-side, R hand sway front-side, L hand sway front-side

Repeat

Set B Step and brush walk right and left

1-8 Step R - brush L – step L – brush R, Step R - brush L – step L – brush R
1-8 Step R - brush L – step L – brush R, Step R - brush L – step L – brush R

Repeat

Set C Slow leg squats on 2 counts

1-2-3-4 Bend both knees to slightly go down & up, repeat
5-6-7-8 Bend both knees to slightly go down & up, repeat

Repeat (except final wall)

Note: Optional sign language for Moonlight Bay (2x) to end the song

START ALL OVER

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