

# Drop That Thing

拍數: 32      牆數: 2      級數: Improver  
編舞者: Paul Steinborn (DE) - May 2023  
音樂: High Horse - Nelly, BRELAND & Blanco Brown



R1. Restart: in 3rd wall, after 8 counts with a step change

R2. Restart: in 6th wall, after 16 counts

## [1-8] Side, Behind, Side, Heel-Ball-Cross, ¼ Turn L, ½ Turn, Coaster Step

1 2 &      Step RF to side (1), Cross LF behind RF (2), Step RF to side (&),  
3 & 4      Touch L heel diagonal forward (3), Step LF next to RF (&), Cross RF over LF (4),  
5 6      ¼ Turn L and step LF forward (5), ½ Turn L and step RF backwards (6),  
7 & 8      Step LF backwards (7), Step RF next to LF (&), Step LF forward (8),

R1. Restart: Step Change for counts 7 & 8

Cross LF behind RF (7), ½ turn L and step RF to side (&), Step LF forward (8)

## [9-16] Toe Strut with Hip Bump R, Toe Strut with Hip Bump L, Jazz Box ¼ Turn R

1 2      Touch RF forward and push hip diagonal forward (1), Drop R heel (2),  
3 4      Touch LF forward and push hip diagonal forward (3), Drop L heel (4),  
5 6      Cross RF over LF (5), Step back on LF with ¼ Turn R (6),  
7 8      Step RF to side (7), Step LF forward (8),

OPTION: Count 5-8 → when the music say "Drop That Thing" you can bend both knees.

R2. Restart

## [17-24] Hitch R, Back R with Drag L, Hold, Coaster Step, Monterey ¼ Turn R, Step-Lock-Step

& 1 2      Lift R knee up (&), Step RF backwards, drag L heel backwards (1), hold (2),  
3 & 4      Step LF backwards (3), Step RF next to LF (&), Step RF forward (4),  
5 & 6      Touch RF to R side (5), Step RF next to LF and make ¼ Turn to R (&), Touch LF to L side  
(6),  
7 & 8      Step LF forward (7), Cross RF behind LF (&), Step LF forward (8),

## [25-32] Pivot ½ Turn L, ½ Turn L, ¼ Turn L, Twist with bending Knees 2x

1 2      Step RF forward start ½ Turn L (1), finish Turn with weight on LF (2),  
3 4      ½ Turn L and step RF backwards (3), ¼ turn L and step LF to side (4),  
5 6      Turn both heels to L side and bend both knees (5), bring both heels back to centre and  
stretch knees (6)  
7 8      Turn both heels to L side and bend both knees (7), bring both heels back to centre and  
stretch knees (8)

Enjoy dancing and Have fun!

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