

Mahala

拍數: 96 牆數: 2 級數: Phrased Intermediate
編舞者: Jamie Barnfield (UK) & Laura Sway (UK) - May 2023
音樂: Mahala - Misha Miller & Sasha Lopez : (iTunes & Amazon))



Intro: Start on first lyric

Phrasing: A-, B, A,B, A(+Bridge), B, B

SECTION A:

A1: BACK, SWEEP, BEHIND, SIDE, CROSS ROCK, RECOVER, 1/4 CHASSE

1-2 Step back on Right, sweep Left from front to back
3-4 Cross Left behind Right, step Right to Right side
5-6 Cross rock Left over Right, recover on Right
7&8 1/4 left stepping forward on left, close Right next to Left, step forward on Left (9:00)

A2: PIVOT 1/2, HOOK, LEFT SHUFFLE FWD, FORWARD ROCK, SIDE ROCK

1-2 Step forward on Right, pivot 1/2 left keeping weight on Right drag Left towards & hook
3&4 Step forward on Left, close Right next to Left, step forward on Left
5-6 Rock forward on Right, recover on Left
7-8 Rock Right to Right side, recover on Left (3:00)

A3: BACK, SWEEP, BEHIND, SIDE, CROSS ROCK, RECOVER, 1/4 CHASSE

1-2 Step back on Right, sweep Left from front to back
3-4 Cross Left behind Right, step Right to Right side
5-6 Cross rock Left over Right, recover on Right
7&8 1/4 left stepping forward on left, close Right next to Left, step forward on Left (12:00)

A4: PIVOT 1/2, HOOK, LEFT SHUFFLE FWD, FORWARD ROCK, SIDE ROCK

1-2 Step forward on Right, pivot 1/2 left keeping weight on Right drag Left towards & hook (6:00)
3&4 Step forward on Left, close Right next to Left, step forward on Left
5-6 Rock forward on Right, recover on Left
7-8 Rock Right to Right side, recover on Left

(4 COUNT BRIDGE ENTERED HERE DURING 3RD REPETITION OF SECTION A)

BRIDGE (facing 6:00): BACK, TOUCH, FORWARD, TOUCH

1-2 Step back on Right, touch Left next to Right
3-4 Step forward on Left, touch Right next to Right

A5: BACK, SWEEP, BACK, SWEEP, BEHIND, SIDE, SHUFFLE FORWARD

1-2 Step back on Right, sweep Left from front to back
3-4 Step back on Left, sweep Right from front to back
5-6 Cross Right behind Left, step Left to Left side
7&8 Step forward on Right, close Left next to Right, step forward on Right (6:00)

A6: SYNCOPATED ROCKS WITH 1/2 TURN, BACK, TOUCH, BACK TOUCH, BACK TOUCH

1-2& Rock forward on Left, recover on Right, turn 1/2 left closing Left next to Right (12:00)
3-4 Rock forward on Right, recover on left as you sweep Right from front to back
5-6 Step back on to Right as you roll your Right shoulder, touch Left next to Right as you click fingers.
&7&8 Step back on Left & touch Right next to Left, step back on Right & touch Left next to Right
* (START SECTION B HERE DURING WALL 1: add an & count by closing Left next to Right)

A7: ROCK, RECOVER, COASTER STEP, PIVOT 1/2 FLICK, SHUFFLE FORWARD

- &1-2 Close Left next to Right, Rock forward on Right, recover on Left
- 3&4 Step back on Right, close Left next to Right, step forward on Right
- 5-6 Step forward on Left, pivot 1/2 as you flick left up behind
- 7&8 Step forward on Left, close Right next to Left, step forward on Left

A8: ROCK, RECOVER, COASTER STEP, WALK BACK LEFT, RIGHT, TOUCH 1/2 TURN

- 1-2 Rock forward on Right, recover on Left
- 3&4 Step back on Right, close Left next to Right, step forward on Right
- 5-6 Walk back Left, Right
- 7-8 Touch Left toe back, unwind 1/2 turn Left putting weight on Left

SECTION B:

B1: SKATE, SKATE, SHUFFLE, ROCK, RECOVER, STEP 1/4, HITCH 1/4

- 1-2 Skate Right forward, Skate Left forward
- 3&4 Step forward to right diagonal, close Left next to Right step forward to Right diagonal
- 5-6 Rock forward on Left, Recover on Right
- 7-8 Turn 3/8 Left as you step forward on Left (9:00), turn 1/4 Left as you hitch Right (6:00)

(Styling on count 8: Right hand slaps Right hip and Left hand lifts to left side of head)

B2: SIDE, POINT, 1/4, 1/2, 1/4 DRAG, BALL CROSS SHUFFLE

- 1-2 Step Right to Right side, point Left to Left side (styling: Click fingers across body to the Right)
- 3-4 1/4 Left stepping forward on Left, 1/2 Left stepping back on Right
- 5-6 1/4 Left stepping left to Left side, drag Right towards Left (6:00)
- &7&8 Close Right next to Left, Cross Left over Right, step Right to Right side, cross Left over Right

B3: BALL-CROSS, 1/4, PIVOT 1/2, ROCK FORWARD, RECOVER, 1/4 SIDE POINT, 1/4 FORWARD FLICK

- &1-2 Close Right to Left, cross Left over Right, 1/4 Right stepping forward on Right (9:00)
- 3-4 Step forward on Left, pivot 1/2 Right (weight Right) (3:00)
- 5-6 Rock forward on Left, recover on Right
- &7-8 1/4 turn Left stepping Left to Left side, point Right to Right side (12:00), 1/4 Right stepping forward on Right as you flick Left up behind (3:00)

B4: PIVOT 1/2, FULL TURN, ROCK, RECOVER, 1/4, DRAG

- 1-2 Step forward on Left, pivot 1/2 (weight on Right) (9:00)
- 3-4 1/2 Right stepping back on Left, 1/2 Right stepping forward on Right (9:00)

(Non turning option: Walk forward Right, Left)

- 5-6 Rock forward on Left, recover on Right
 - 7-8 1/4 Left as you step left to Left side, drag Right towards (weight stays on Left) (6:00)
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