Should I Stay or Should I Go



拍數: 56 牆數: 2 級數: Phrased Improver

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音樂: Should I Stay or Should I Go - The Clash



Phrased: AA BBBBB Tag AA BBBBB BBBBB Tag

(On count 28, do a Hitch and start the dance, just when the singer starts singing)

Phrase A (when the rhythm is slow)

Right Chassé, Back Rock, Left Chassé, Back Rock

1&2 Step right to side, step left together, step right to side

3-4 rock right back, recover to right

Step left to side, step right together, step left to side, rock right back, recover to left

7-8 rock right back, recover to left

Step turn, Step turn, (right) Point & (left) Point & (Right) Heel & (Left) Heel, hold

Step RF forward, Pivot ½ over L shoulder
 Step RF forward, Pivot ½ over L shoulder

1&2& Point R to R side, Step R next to L, Point L to L side, Step L next to R
3&4& Touch R heel forward, Step R next to L, Touch L heel forward, Hold

Hook, Triple step, step, triple step, Step Turn

1-2& Hook left across right, Step forward on LF, Close RF next to LF,

3-4 Step forward on LF, Step forward on RF

5&6 Step forward on LF, Close RF next to LF, Step forward on LF

7-8 Step forward on RF, Make a 1/2 turn pivot L

Right Chassé, Back Rock, Left Chassé, Back Rock

1&2 Hitch, Step right to side, step left together, step right to side

3-4 rock right back, recover to right

Step left to side, step right together, step left to side, rock right back, recover to left

7-8 rock right back, recover to left

Monterey turn, (front) Toe & Heel & (1/2 turn) Toe & Heel

1-2 RF point side, 1/2 turn R & RF close next to LF

2-4 LF point side, LF close next to RF

5&6& R heel forward, RF close next to LF , L toe back, 1/4 turn L stepping L foot next to R foot

7&8& R toe back ¼ turn, LF close next to RF, R heel forward ,step RF next to LF

Step Turn, Step Turn, Mambo step hold, Coaster step, hold

Step RF forward, Pivot ½ over L shoulder
 Step RF forward, Pivot ½ over L shoulder

5&6& Rock R to right, lift and recover weight on L, step R back in place, Hold

7&8& LF step back, RF close next to LF, LF step forward, hold

Phrase B (when the rhythm goes faster: POGO dancing): On each step do a little flex and on each & do a little extension to make it feel faster

Run, run, run, run, run, run, run, step Hitch, hold, Step, hitch, hold, Step, Hitch hold

1&2& RF step forward, LF step forward, RF step forward, LF step forward

3&4& RF step forward, LF step forward , RF step forward, LF step forward with a hitch

5&6& ¼ turn ,RF stomp , Hitch, Hold 7&8& ¼ turn, LF Stomp, Hitch, Hold,

Tag (after POGO dancing): Mambo step hold, Coaster step, hold

1&2& Rock R to right, lift and recover weight on L, step R back in place , Hold

LF step back, RF close next to LF, LF step forward, hold 3&4&