

The Past

拍數: 32 牆數: 2 級數: Improver
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音樂: The Past - Ray Parker Jr.



Intro : 16 C

****2 Tags , No Restarts**

Tag 1 After Wall 2

Tag 2 After Wall 4

Sec 1 : Basic NC (R-L) - NC - Passes (1/2 Turn Left), Step RF Side

1 2& Step R to right side (1) , Slightly L cross behind R (2) , R cross over L (&)
3 4& Step L to left side (3) , Slightly R cross behind L (4) , Step L to left side (&)
5 6& Step R to right (5), Slightly L cross behind R (6) , R cross over L (&)
7 8 & 1/4 turn Left Step Lf Forward (7) - (facing 9: 00) , Step Rf Side (8) , Cross Lf over Rf (&)
1 Step Rf to side - Facing 6:00

Sec 2 : 1/2 Diamond , NC, 1/4 Turn Left , LF Forward , Pivot Turn (2x) , Rf Side

2& 3 1/8 Step LF Back Diagonally(2) -Facing 4:30 - Step RF Back (&) , Step LF side (3) facing
3:00
4& 5 1/8 Step RF forward Diagonally (4)- facing 1:30 , Step LF Forward (&) ,Step RF to Side (5)
facing 12:00
6& 7 Cross Lf slightly behind RF (6), Cross RF over LF (&) ,1/4 turn Left Step LF forward (7)
Facing 9:00
8& Step RF forward Half turn Left (8) , half turn left Step LF Forwrd(&)
1 1/4 turn Left Step RF To side (1) facing 6:00

Sec 3 : Cross Rock , Recover, Side, Cross , Recover , Step RF Back w/ Hitch , LF Back ,RF Back, LF Back , Coaster ,Forward

2& 3 Cross LF over RF (2) ,Recover on RF (&) , Step LF to side (3)
4& 5 Cross RF over LF angle body diagonally (4) facing 4:30 ,Recover on RF (&) ,Step RF Back
(5) with Hitch Knee up on LF
6& 7 Step back (LRL) 6&7
8& Step RF Back (8) Step LF beside RF (&)
1 Step RF Forward (still facing 4:30)

Sec 4 : Sweep , cross LF over RF , side, Step LF behind, Sweep , Step RF back, LF in place, (RF Forward Pivot Half Left, LF in place)(2x)

2& Sweep LF over RF (2) (facing 6:00) , Step RF to side (&)
3 4 Step LF back (3) , Sweep RF front to back (4)
5 6 LF in place (&) , Step RF Forward (5) Pivot Half left , Step LF in place (6)
7 8 Step RF forward (7) , Pivot Half Left , Lf in place (8)

Tag 4 Count : Sway RLRL

1 2 Sway R Sway L
3 4 Sway R Sway L