

Forever & a Day

COPPER KNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kerry Maus (USA) & Debi Pancoast (USA) - May 2023
音樂: Baby I'll Wait - Michael Bublé



Intro 16 cts to start with vocals (approx. 12 secs)

[1 – 8] Side, Behind & Heel, Hold, & Cross & Behind & Cross, Unwind 3/4

1,2 1) Step side R; 2) Step L behind R
&3,4 &) Step side R; 3) Touch L heel to front left diagonal; 4) Hold
&5&6 &) Step together on ball of L; 5) Step R across L; &) Step side L; 6) Step R behind L
&7-8 &) Step side L; 7-8) Cross R over L and rotate/unwind 3/4 left shifting weight fwd onto L [3:00]

[9 – 16] 1/2 Turning Triple, 1/2 Turning Triple, Step Turn 1/2, Triple 3/4*

Next 4 counts travel fwd towards [3:00] while you rotate a full turn clockwise in 2 triples

1&2 1) Turn 1/4 left stepping side R [12:00]; &) Step together L; 2) Turn 1/4 left stepping back R [6:00]
3&4 3) Turn 1/4 left stepping side L [9:00]; &) Step together R; 4) Turn 1/4 left stepping fwd L [3:00]
5&6 5) Step fwd R; &) Step fwd L; 6) Turn 1/2 right taking weight on R [9:00]
7&8 * 7) Step fwd L; &) Turn 1/4 left stepping side R [6:00]; 8) Turn 1/2 left stepping to slight front left diagonal L [12:00]

You'll restart here with minor foot change during 5th rotation, see *Restart note below.

[17-24] Rock, Recover, Step Touch, Reverse Turn 1/2 & Touch Reverse 1/4 Turn, Behind & Touch

1,2 1) Rock fwd R; 2) Recover weight back onto L
&3,4 &) Step back R; 3) Touch back L; 4) Turn 1/2 left [6:00]
&5,6 &) Step back L; 5) Touch back R; 6) Turn 1/4 right [9:00]
&7,8 &) Step R behind L; 7) Step side L; 8) Touch R together

[25-32] & Touch, Hold, & Touch & Touch, 1/4 Step, Turn 1/2, Step 1/4 Cross

&1,2 &) Step side R; 1) Touch L together; 2) Hold
&3&4 &) Step side L; 3) Touch R together; &) Step side R; 4) Touch L together
&5,6 &) Turn 1/4 left stepping fwd L [6:00] 5) Step fwd R; 6) Turn 1/2 left and shift weight fwd on L [12:00]
7,8 7) Turn 1/8 left stepping fwd R; 8) Turn 1/8 left stepping L across R [9:00]

*RESTART: On 5th rotation, restart after first 16 counts as follows to restart at front wall:

Replace counts 7&8* (Triple ¾) in the second set of 8 with: 7) Turn 1/4 right stepping side L [12:00]; 8) Hold

WE HOPE YOU ENJOY AND ADD YOUR OWN STYLE!!

This step sheet may be freely copied intact however modifications to this step sheet may not be made without the expressed permission of the choreographers.