Waltz for Barbara



拍數: 48 牆數: 2 級數: Improver

編舞者: Charlotte Steele (SA) - May 2023

音樂: Sunrise, Sunset - Ray Conniff: (Album: This Is My Song)



This dance is in honour of my dear friend, Barbara Moore and her beloved son, Matt. Matt, may you rest in peace. Barbara, may you be at peace.

Intro: 24 counts, start on main vocals.

S.1 Basic Waltz Forward. Basic Waltz Back with 1/4 Turn Left.

1-2-3 Step L forward, step R next to L, step L in place

4-5-6 Turn ¼ left stepping back on R, step L next to R, step R in place (9:00)

S.2 Basic Waltz Forward, Basic Waltz Back with 1/4 Turn Left.

1-2-3 Step L forward, step R next to L, step L in place

4-5-6 Turn ¼ left stepping back on R, step L next to R, step R in place (6:00)

S.3 Progressive Waltz Box Forward.

1-2-3 Step L forward, step R to right side, step L next to R 4-5-6 Step R forward, step L to left side, step R next to L (6:00)

S.4 Step L Forward-Sweep R-Touch. Step R Forward-Sweep 1/4 Turn Right-Touch.

1-2-3 Step L forward, sweep R out from back to front, touch R next to L

4-5-6 Step R forward, sweep L out from back to front turning ¼ right on ball of R, touch L next to R

(9:00)

Restart here on wall 3. Dance ends here on wall 8.

S.5 Basic Waltz Forward. Basic Waltz Back.

1-2-3 Step L forward, step R next to L, step L in place 4-5-6 Step R back, step L next to R, step R in place (9:00)

S.6 L Forward-Pivot 1/2 Left-Together. Basic Waltz Back.

1-2-3 Step L forward, pivot ½ turn left stepping back on R, step L next to R (3:00)

4-5-6 Step R back, step L next to R, step R in place

S.7 Step L Forward-Sweep R-Touch. Step R Forward-Sweep 1/4 Turn Right-Touch.

1-2-3 Step L forward, sweep R out from back to front, touch R next to L.

4-5-6 Step R forward, sweep L out from back to front turning ¼ right on ball of R, touch L next to R

(6:00)

S.8 Progressive Waltz Box Back.

1-2-3 Step L back, step R to right side, step L next to R 4-5-6 Step R back, step L to left side, step R next to L (6:00)

Start Again

Restart: On wall 3 after 24 counts (end of Section 4) facing 9:00.

Ending: Dance ends on wall 8 after 24 counts (end of Section 4) facing 6:00.

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Last Update: 20 May 2023

