

I Would for You

拍數: 48 牆數: 2 級數: High Improver
編舞者: Niels Poulsen (DK) - May 2023
音樂: I Would For You - Lauren Duski



Intro: 24 counts from very first beat in music. App. 13 secs. into track. Start with weight on L foot

****2 restarts:**

***1) On wall 3 which starts at 12:00, after 32 counts, facing 12:00 again.**

***2) On wall 5 which starts at 6:00, after 32 counts, facing 6:00 again.**

[1 – 8] Rock R fwd, full triple turn R, rock L fwd, shuffle ½ L

1 – 2 Rock R fwd (1), recover back on L (2) 12:00
3&4 Turn ½ R stepping fwd on R (3), step L next to R (&), turn ½ R stepping R fwd (4) 12:00
5 – 6 Rock L fwd (5), recover back on R (6) 12:00
7&8 Turn ¼ L stepping L to L side (7), step R next to L (&), turn ¼ L stepping L fwd (8) 6:00

[9 – 16] ¼ L into R side rock, R cross shuffle, L side rock ¼ R, ¼ R into L chassé

1 – 2 Turn ¼ L rocking R to R side (1), recover on L (2) 3:00
3&4 Cross R over L (3), step L to L side (&), cross R over L (4) 3:00
5 – 6 Rock L to L side (5), recover on R with ¼ R (6) 6:00
7&8 Turn ¼ R stepping L to L side (7), step R next to L (&), step L to L side (8) 9:00

[17 – 24] R back rock, R kick ball cross, side behind, R chasse ¼ R

1 – 2 Rock back on R (1), recover on L (2) 9:00
3&4 Kick R towards R diagonal (3), step back on R (&), cross L over R (4) ... Note: body will naturally open up to R diagonal but your direction in the dance is still 9:00 9:00
5 – 6 Step R to R side (5), cross L behind R (6) 9:00
7&8 Step R to R side (7), step L next to R (&), turn ¼ R stepping R fwd (8) 12:00

[25 – 32] Step ½ R, lock ½ R, back R, point L, fwd L, point R

1 – 2 Step L fwd (1), turn ½ R stepping down on R (2) 6:00
3&4 Turn ¼ R stepping L to L side (3), cross R over L (&), turn ¼ R stepping back on L (4) 12:00
5 – 6 Step back on R (5), point L to L side letting your body open up to R diagonal (6) 12:00
7 – 8 Step fwd on L (7), point R to R side letting your body open up to L diagonal (8) ...

*** Restarts here, on walls 3 and 5 (see detailed description at top of page) 12:00**

[33 – 40] Cross, Hold, & heel, Hold, ball cross, Hold, & heel, Hold

1 – 2 Cross R over L (1), HOLD (2) 12:00
&3 – 4 Step L to L side (&), touch R heel fwd to R diagonal (3), HOLD (4) 12:00
&5 – 6 Step R next to L (&), cross L over R (5), HOLD (6) 12:00
&7 – 8 Step R to R side (&), touch L heel fwd to L diagonal (7), HOLD (8) 12:00

[41 – 48] Ball cross rock, side R, point L, walk LR fwd with 3/8 L turn, L shuffle 1/8 L fwd

&1 – 2 Step L back towards R (&), cross rock R over L (1), recover on L (2) 12:00
3 – 4 Step R to R side (3), point L to L side (4) 12:00
5 – 6 Turn ¼ L stepping down on L (5), turn 1/8 L stepping R fwd (6) 7:30
7&8 Turn 1/8 L stepping L fwd (7), step R fwd (&), step L fwd (8) ...

Note: counts 5-8 should be done as a smooth curvy ½ turn 6:00

Start Again!

Ending Wall 7 (starts facing 12:00) is your last wall. Finish to the front with count 33, then HOLD ... and ignore the fading out of the music 12:00

