

# Ten Years Old

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Improver - Contra  
編舞者: Antonella Fedi (IT) - May 2023  
音樂: Down At the Twist and Shout - Shauna McStravock



## STEP, TOE, BACK, KICK, ROCK BACK, SIDE, TOGETHER

1-2      Right step fwd, left toe back  
3-4      Left step back, right kick fwd  
5-6      Right rock back, recover on left  
7-8      Right step to right side, left together

## SIDE ROCK, STEP, HOLD, STEP, TURN, STEP, TURN

1-2      Right side rock, recover on left  
3-4      Right step fwd, hold  
5-6      Left step fwd, turn  $\frac{1}{2}$  right  
7-8      Left step fwd, turn  $\frac{1}{2}$  right

## STEP, TOGETHER, STEP, SCUFF, STEP, TOGETHER, STEP, HOOK

1-2      Turn  $\frac{1}{4}$  right and left step to left, right together  
3-4      Turn  $\frac{1}{4}$  left and left step fwd, right scuff  
5-6      Turn  $\frac{1}{4}$  left and right to right, left together  
7-8      Right to right, turn  $\frac{1}{4}$  left and left hook over right knee

## STEP, TOE, BACK, KICK, COA-STER STEP, STOMP

1-2      Left step fwd, right toe back  
3-4      Right step back, left kick fwd  
5-6      Left step back, right beside left  
7-8      Left step fwd, right stomp beside left

## REPEAT

Happy 10<sup>o</sup> birthday to Pistoia Country Dancer!

HAVE FUN !!

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