

# Mambella

拍數: 32      牆數: 4      級數: Improver  
編舞者: Gregory Danvoie (BEL) & Magali CHABRET (FR) - May 2023  
音樂: Mambella - Lucenzo & Olupellar



---

## S1. Walk R/L, hip bump, turning hip bump ¼ turn L, cross with dip, side

1-2            RF step forward, LF step forward  
3&4           RF hip bump forward (finish weight on RF)  
5&6           LF hip bump with ¼ turn to the L (finish weight on LF)  
7-8           RF cross over LF, LF step to the L

## S2. Hip rolls with bumps X2, reverse paddle ½ turn R, back rock

1-2            RF step to the R with hip roll (from left to right – finish weight on RF)  
3-4            LF step to the L with hip roll (from right to left – finish weight on LF)  
5-6            RF touch to the R with ¼ turn to the R, RF touch to the R with ¼ turn to the R  
7-8            RF back rock, recover on L

## S3. Cross, point, cross samba, cross, back, back, drag/touch

1-2            RF cross over LF, LF touch to the L  
3&4            LF cross over RF, RF step forward to the R, LF step forward to the L  
5-6            RF cross over LF, LF step back to the diagonal  
7-8            RF step back to the diagonal (open here your body to the R), LF touch next to RF

## S4. Step, ½ turn L, L hip bump up/down twice, back, close, L triple step fwd

1-2            LF step forward, RF step back with ½ turn to the L (weight on RF)  
&3&4          Hip bump (up & down) X2  
5-6            LF step back, RF step next to LF  
7&8            LF shuffle forward

---