

Ready and Willing

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 0 級數: Phrased Intermediate
編舞者: Freda Fagan (UK) & Derek Robinson (UK) - May 2023
音樂: Ready and Willing - Buille Blackwater



Music can be downloaded for a small fee from:

<https://builleblackwater.bandcamp.com/releases>
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Choreographed for the RNLI Morecambe Lifeboats Station Fund Raising Event

#32 count intro. One restart on wall 13

Sequence: AAA BB AAA BB AAA B

Part A (Verse) 32c

Sec. 1 HALF RUMBA BOX, CROSS ROCK, SIDE, HOLD

- 1-2 Step right to right side, step left beside right
- 3-4 Step forward on right, hold
- 5-6 Cross rock left over right, recover onto right
- 7-8 Step left to left side, hold

Sec 2 RIGHT & LEFT VAUDEVILLE STEPS

- 1-2 Cross right over left, step back on left
- 3-4 Touch right heel diagonally forward, step right beside left
- 5-6 Cross left over right, step back on right
- 7-8 Touch left heel diagonally forward, step left beside right

(Restart here with Part B on wall 13 facing 12.00)

Sec 3 PIVOT ½ TURN, HOLD, PIVOT ¼ TURN, HOLD

- 1-2 Step forward on right, pivot ½ turn left (6.00 wall 1 only)
- 3-4 Step forward on right, hold
- 5-6 Step forward on left, pivot ¼ turn right (9.00 wall 1 only)
- 7-8 Step forward on left hold

Sec 4 WEAVE LEFT, CROSS ROCK, SIDE, CROSS

- 1-2 Cross right over left, step left to left side
- 3-4 Cross right behind left, step left to left side
- 5-6 Cross rock forward on right, recover onto left
- 7-8 Step right to right side, cross left over right

Part B (Chorus) 32c

Sec 1 SIDE, TOUCH (x2), RIGHT LOCK STEP, TOUCH

- 1-2 Step right to right side, touch left beside right (raising arms above head and waving to right)
- 3-4 Step side left, touch right beside left (raising arms above head and waving to left)
- 5-6 Step diagonally forward on right, lock left behind right
- 7-8 Step diagonally forward on right, touch left beside right

Sec 2 SIDE, TOUCH (x2), LEFT LOCK STEP, TOUCH

- 1-2 Step left to left side, touch right beside left (raising arms above head and waving to left)
- 3-4 Step right to right side, touch left beside right (raising arms above head and waving to right)
- 5-6 Step diagonally forward on left, lock right behind left (with arms hauling in the anchor)
- 7-8 Step diagonally forward on left, touch right beside left (with arms hauling in the anchor)

Sec 3 JAZZ BOX, JAZZ BOX ¼ TURN,

- 1-2 Cross right over left, step back on left
- 3-4 Step right to right side, step left beside right
- 5-6 Cross right over left, step back on left
- 7-8 Turn ¼ right stepping forward on right, step left beside right (6.00 wall 4 only)

Sec 4 STOMP, STOMP, ROCKING CHAIR, TOUCH, HOLD

- 1-2 Stomp right beside left twice
- 3-4 Rock forward on right, recover onto left
- 5-6 Rock back on right, recover onto left
- 7-8 Touch right beside left, hold

Begin again
