

Slow Down Cowboy

拍數: 32 牆數: 2 級數: Beginner
編舞者: Massimo Rossi (IT) - May 2023
音樂: That Wasn't Jack - Justin Moore



(1 to 8) KICK BALL STEP, TRIPLE STEP FORWARD, ROCK STEP, SAILOR TURN ½

1&2 kick right forward, foot right next to left, step left forward
3&4 triple step right forward
5-6 rock step left forward, recover the weight on right
7&8 step left behind right, make ¼ turn left stepping right together, make ¼ turn left stepping left forward

(9 to 16) DOUBLE BUMP RIGHT, DOUBLE BUMP LEFT, ROCK STEP, COASTER STEP

1-2 bump right twice
3-4 bump left twice
5-6 rock step right forward, recover the weight on left
7&8 step right back, foot left together right, step right forward

(17 to 24) SLIDE, TOUCH, KICK BALL CROSS, SLIDE, STRIDE, CROSS BEHIND, HEEL JACK

1-2 large step left to left side, touch right together left
3&4 kick right forward, foot right next to left, cross left forward over right
5-6 large step right to right side, stride left to right
7&8& cross left behind right, heel jack left, recover the weight on left

(25 to 32) CROSS FORWARD, ¾ TURN, HOOK FORWARD, TRIPLE STEP FORWARD, ¼ STEP TURN, WAVE

1-2& cross right over left, ¾ turn to left, hook right forward
3&4 triple step right forward
5-6 step left forward, ¼ turn to right
7&8 cross left behind right, step right to right side, cross left over right

TAG: (4 counts) After 16 counts at the 5 wall

(1 to 4) ROCK STEP FORWARD, COASTER STEP

1-2 rock step left forward, recover the weight on right
3&4 step left back, foot right together left, step left forward

**RESTARTS:

*1st at the 4 wall after 8 counts

**2nd at the 5 wall after the TAG

Last Update: 16 May 2023