

Cheap Beers (Contra)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Nicole Hamilton (USA), Keith Riess (USA) & Nicky Riess (USA) - April 2023
音樂: Last Honky Tonk - Scott Bass



[START] 16-COUNT INTRO - (No Tags! No Restarts!)

[1-8] HEEL, STEP, HEEL, STEP, WALK, TOUCH (x2)

1&2& Touch R heel forward (1), step R foot next to L (&), touch L heel forward (2), step L foot next to R (&)
3,4 Step R foot forward (3), touch L toe next to R (4)
5&6& Touch L heel forward (5), step L foot next to R (&), touch R heel forward (6), step R foot next to L (&)
7,8 Step L foot forward (7), touch R toe next to L (8)

Styling Option: On counts 4 and 8, stomp and lift foot instead of touching toe.

[9-16] HIP ROLLS W/ BUMPS (x2), CROSS, HOLD, 1/2-TURN UNWIND

1,2 Step R foot to R side while rolling hips from L to R (1), bump R hip to R side (2)
3,4 Step L foot to L side while rolling hips from R to L (3), bump L hip to L side (4)
5,6 Cross R foot over L (5), hold (6)
7,8 Unwind ½-turn over L shoulder placing weight on L (7-8) (facing 6:00)

(HOP VARIATION – AS IN DEMO VIDEO)

[9-16] HIP ROLLS W/ BUMPS (x2), HOP OUT-OUT, HOP IN-CROSS, 1/2-TURN UNWIND

1,2 Step R foot to R side while rolling hips from L to R (1), bump R hip to R side (2)
3,4 Step L foot to L side while rolling hips from R to L (3), bump L hip to L side (4)
&5&6 Hop (&) L foot out to L side and R foot out to R side together (5), hop (&) L foot in while crossing R foot over L (6)
7,8 Unwind ½-turn over L shoulder placing weight on L (7-8) (facing 6:00)

[17-24] CROSS-ROCK, RECOVER, SIDE SHUFFLE R, CROSS-ROCK, RECOVER, SIDE SHUFFLE L

1,2 Cross R foot over L (1), replace weight back on L foot (2)
3&4 Step R foot to R side (3), step L foot next to R (&), step R foot to R side (4)
5,6 Cross L foot over R (5), replace weight back on R (6)
7&8 Step L foot to L side (7), step R foot next to L (&), step L foot to L side (8)

Styling Option: On counts 1-2 and 5-6, clap hands with the partner on the L and R side of the partner directly in front of you.

[25-32] WALK FORWARD (x2), SIDE SHUFFLE R, WALK BACK (x2), SIDE SHUFFLE L

1,2 Step R foot forward (1), step L foot forward (2)
3&4 Step R foot to R side (3), step L foot next to R (&), step R foot to R side (4)
5,6 Step L foot back (5), step R foot back (6)
7&8 Step L foot to L side (7), step R foot next to L (&), step L foot to L side (8)

Contra Styling: As you perform these 8 counts, you'll "box" around the partner directly in front of you.

[REPEAT & ENJOY]

Contact 1: Nicole Hamilton (Nicole Line Dancing)
<https://www.facebook.com/nicole.linedancing>

Contact 2: Keith & Nicky Riess (Delco Line Dancing)
and.567.dance@gmail.com
<https://www.facebook.com/DelcoLineDancing>

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