

Boom Boom for Real

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Liz Atkinson (USA) - May 2023
音樂: For Real - Joybird



#16 count introduction - No Tags/ No Restarts!

S1: VINE RIGHT, DIP, BUMP, DIP, BUMP

1, 2 [1] Step RF to R side, [2] step LF behind RF
3, 4 [3] Step RF to R side, [4] touch LF beside RF
5, 6 [5] Step LF to L side slightly bending knees [6] bump hips to L
7, 8 [7] Step RF to R side slightly bending knees, [8] bump hips to R (12:00)

S2: VINE LEFT, HEEL RETURNS R-L

1, 2 [1] Step LF to L side, [2] step RF behind LF
3, 4 [3] Step LF to L side, [4] touch RF beside LF
5, 6 [5] Tap R heel fwd [6] return RF beside LF
7, 8 [7] Tap L heel fwd [8] return LF beside RF (12:00)

S3: ROCKING CHAIR, STEP, HOLD, STEP, HOLD

1, 2 [1] Rock fwd onto RF [2] recover LF
3, 4 [3] Rock back onto RF [4] recover LF
5, 6 [5] Step RF fwd [6] hold
7, 8 [7] Step LF fwd [8] hold (12:00)

S4: 1/4L PIVOT, JAZZ BOX, TOUCH OUT, TOUCH IN

1, 2 [1] Step fwd on RF, [2] turning 1/4L place weight to LF (9:00)
3, 4 [3] Cross RF over LF, [4] step LF back
5, 6 [5] Step RF to R side, [6] step LF fwd
7, 8 [7] Touch RF out to R side [8] touch RF beside LF (9:00)

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