

In the Jailhouse

拍數: 32 牆數: 4 級數: Novice / Improver - ECS
編舞者: Brigitte Wulff (DE) - May 2023
音樂: I Ain't Living Long Like This - Waylon Jennings



Start: after 24 counts on beginning of the lyrics – CCW rotation
Restart: Wall 11 after 16 counts, Note: count 16 must be changed to a touch

[1- 8] Chasse right, Back rock, Chasse left, ¼ turn left, Chasse right

1&2 RF step R, LF step next to RF, RF step R
3- 4 LF behind RF /w weight on LF, Change weight back to RF
5&6 LF step L, RF step next to LF, LF step L
&7&8 ¼ turn L, RF step R, LF step next to RF, RF step R (9:00)

[9-16] Heel grind ¼ turn left, RF step back, Coasterstep, RF kick fwd, RF kick diag., Sailorstep

1- 2 LF cross over RF on heel, ¼ turn LF swivel toe L & RF step back (6:00)
3&4 LF step back, RF step next to LF, LF step forward
5- 6 RF kick forward, RF Kick diagonal forward
7&8 RF cross behind LF, LF step L, RF step R

***R* In Wall 11 count 16 RF touch together - restart**

[17-24] Cross rock, ¼ turn left shuffle fwd, Full turn, Kick ball change

1- 2 LF cross over RF /w weight on LF, Change weight back to RF
3&4 RF ¼ turn L step forward, RF step next to LF, LF step forward (3:00)
5- 6 ½ turn L & RF backwards (9:00), ½ turn L & LF forward (3:00)
7&8 RF kick forward, RF step together on ball, LF step on place

[25-32] Step fwd ¼ turn left, weight to LF, RF step fwd ¼ turn left, weight to LF, Jazzbox

1- 2 RF step forward, ¼ turn L weight to LF (12:00)
3- 4 RF step forward, ¼ turn L, weight to LF (9:00)
5- 8 RF cross over LF, LF step backwards, RF step R, LF cross over RF.

Have fun