

Freight Train

拍數: 32 牆數: 4 級數: Improver
編舞者: Maria Nix (DE)
音樂: Freight Train - Alan Jackson



Start: after 16 count with the singer

S1: R-kick step side tip, L-kick step side tip, R-rock step, coaster step

1&2 right kick forward, place right next to left, tip left foot to the left side
3&4 left kick forward, place left next to right, tip right foot to the right side
5-6 right step forward, put weight on right foot, put weight back on left foot
7&8 right step back, place left next to right, right step forward

S2: L-heel crind ¼ turn left (9 o'clock), coaster step, Shuffle forward, step ¼ turn (12 o'clock)

1-2 put on left heel, ¼ turn on left heel facing 9 o'clock
3&4 left step back, place right next to left, left step forward
5&6 right step forward, close left, right step forward
7-8 right step forward, ¼ turn to the right facing 12 o'clock

S3: L-cross side behind & heel, R-cross, sailor ¼ turn (3 Uhr)

1-2 cross left over right, step right with right
3&4& cross left behind right, step right with right, put left foot on heel, put weight back on left foot
5-6 cross right over left, step left with left
7&8 swing right behind left foot with ¼ turn facing 3 o'clock, put weight on left, right step forward

S4: L-step ½ turn (9 Uhr), coaster step, Full turn, stomp stomp

1-2 left step forward, ½ turn left facing 9 o'clock
3&4 left step back, place right next to left, left step forward
5-6 right step forward, full turn facing 9 o'clock
7-8 right stomp, left stomp

***3 Restarts:

*3rd. Round facing 6 o'clock after cross side behind & heel

*6th. Round facing 9 o'clock after cross side behind & heel

*14th. Round facing 9 o'clock after cross side behind & heel