Weighing Your Options

級數: Intermediate

編舞者: Noah Biederman (USA) - May 2023

音樂: One Thing At A Time - Morgan Wallen

Intro: Start on the lyrics "cigarette" at 0:16

拍數: 32

SHUFFLE-SAILOR STEP RIGHT, SHUFFLE-SAILOR STEP LEFT INTO A ¼ TURN

- 1-4 Step right, bring LF to right, step right again, put your LF behind the right (sailor-step). LF out to the side parallel to right,
- 5-9 bring RF to left, step left bring RF behind left. With your RF behind your LF, 1/4 turn to the right,

KICK OUT SWING RIGHT, COASTER, KICK OUT SWING LEFT COASTER.

- 10-14 Kick out with your RF forward then. swing right into a coaster step, ending on your RF forward, kick out with your LF forward and
- 15-19 swing. to the left into a coaster. step, Ending on your LF forward

STEP BEHIND STEP. FORWARD ON RIGHT

- 20-21 Step ahead of your LF with your RF, then bring your LF forward tucked behind your RF. Step forward on your RF then
- 22-23 step forward on your LF with your foot still tucked behind (triple step) step right again

SLOW 4x 1/8TH TURNS (HALF TURN) ADD CLAPS

- 24-27 With your LF behind your RF drag LF parallel to RF, drag left foot into a 1/2 turn, step forward LF, While pivoting your LF in place, take a ½ turn-step forward with your RF while turning your body.
- 28-32 (clap twice), repeat (clap once), repeat (clap twice), repeat (clap once). Repeat til you've completed a 1/2 turn.

Then repeat through the rest of the song!

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牆數:4