

How 'Bout Them Cowgirls

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Beginner
編舞者: Gina Piercy (AUS) - May 2023
音樂: How 'Bout Them Cowgirls - George Strait



Sequence: W1-W2-TAG-TAG-W3-W4-TAG-W5-W6-TAG-TAG

TAG: K-STEP

1-4 R step to 10:30 diagonal-L touch next to R-L step back to spot-R touch next to L.
5-8 R step to 4:30 diagonal-L touch next to R-L step back to spot-R touch next to L.

INTRO 16 Counts

SECTION 1 - L DIAGONAL R CROSS ROCK-L RECOVER-1/2 TURN R DIAGONAL R SHUFFLE-L STEP FORWARD-R BACK HOOK-R STEP BACK-L FRONT HOOK

1-2 L 1/8 turn to 10:30 diagonal R cross rock forward-L recover.
3&4 R 1/2 turn to 4:30 diagonal R step forward-L together-R step forward.
5-6-7-8 L step forward on 4:30 diagonal-R hook behind-R step back-L hook front.

SECTION 2 - L ROCK STEP FORWARD-R RECOVER-PIVOT L 1/2 TURN DIAGONAL-L ROCK STEP FORWARD-R RECOVER-L COASTER-R SCUFF

1-2 L rock step forward on 4:30 diagonal-R recover.
3-4 L 1/2 turn to 10:30 L rock step forward-R recover.
5-6-7-8 L step back-R together-L step forward-R scuff.

SECTION 3 - L STEP-LOCK-STEP-SWEEP-L JAZZ BOX 1/8 TURN TO R-R STEP FORWARD

1-2-3-4 R step forward-L lock behind-R step forward-L sweep from back to front.
5-6 L cross over R making 1/8 turn to face 12:00.
7-8 R step back-L step to L side-R step forward.

SECTION 4 - L HEEL-TOGETHER-R HEEL-TOGETHER-L HEEL-TOGETHER-R HEEL-R TOUCH

1-2-3-4 L heel forward-L together-R heel forward-R together.
5-6-7-8 L heel forward-L together-R heel forward-R touch next to L.

SECTION 5 - R EXTENDED GRAPEVINE-SIDE STEP-DRAG-ROCK BEHIND-RECOVER

1-2-3-4 R step to R side-L step behind R-R step to right side-L cross step in front of R.
5-6-7-8 R long step to right side-L drag in next to R-L rock back-R recover.

SECTION 6 - L STEP SIDE-R ROCK BEHIND-L RECOVER-L 1/4 TURN R SIDE ROCK STEP-L 1/4 TURN R SIDE ROCK STEP

1-2-3-4 L step to left side-Hold 2-R rock behind-L recover.
5-6 Step R to 1:30 diagonal-Pivot 1/4 turn L on L recover.
7-8 Step R to 10:30 diagonal -Pivot 1/4 turn L on L recover. (6:00)

SECTION 7 - R SCISSOR STEP-HOLD-L SCISSOR STEP-HOLD

1-2-3- Hold 4 Rock step R to R side-L recover-R step forward-Hold
5-6-7- Hold 8 Rock step L to L side-R recover-L step forward-Hold

SECTION 8 - HIP SWAY R/L/R/HOLD-L/R/L-HOLD

1-2-3- Hold 4 Transfer weight to R side/L side/R side-Hold
5-6-7- Hold 8 Transfer weight to L side/R side/L side-Hold

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