

High Sierra (P)

COPPER KNOB
STEPPERS

拍數: 24 牆數: 0 級數: Beginner Partner
編舞者: Unknown
音樂: Old Time Rock & Roll - Bob Seger & The Silver Bullet Band
或: Dancin' In The Country - Tyler Hubbard



Position: Sweetheart Position, man's step listed, ladies are opposite footwork throughout

TAP HEELS IN FRONT, POINT, TAP HEELS BEHIND, POINT, REPEAT

1-2 Flick left foot up in front of shin (tapping feet with the lady), Point left out to side
3-4 Flick left foot behind (tapping feet with the lady), Point left out to side
5-8 Repeat first 4 counts

BUMP LEFT, BUMP RIGHT, STEP TURN ½, STEP TURN ½

1-2 Bump hips to the left
3-4 Bump hips to the right
5-6 Step forward left, turn ½ to right taking weight on right
7-8 Step forward left, turn ½ to right taking weight on right

LEFT FORWARD SHUFFLE, RIGHT FORWARD SHUFFLE, LEFT FORWARD SHUFFLE, RIGHT FORWARD SHUFFLE

1&2 Step forward on left, step right next to left, step forward on left
3&4 Step forward on right, step left next to right, step forward on right
5&6 Step forward on left, step right next to left, step forward on left
7&8 Step forward on right, step left next to right, step forward on right

Theresa Highbaugh - Email: tsikorsk@nd.edu