

# High Sierra (P)

**COPPER KNOB**  
STEPPERS

拍數: 24      牆數: 0      級數: Beginner Partner  
編舞者: Unknown  
音樂: Old Time Rock & Roll - Bob Seger & The Silver Bullet Band  
或: Dancin' In The Country - Tyler Hubbard



**Position: Sweetheart Position, man's step listed, ladies are opposite footwork throughout**

## **TAP HEELS IN FRONT, POINT, TAP HEELS BEHIND, POINT, REPEAT**

1-2      Flick left foot up in front of shin (tapping feet with the lady), Point left out to side  
3-4      Flick left foot behind (tapping feet with the lady), Point left out to side  
5-8      Repeat first 4 counts

## **BUMP LEFT, BUMP RIGHT, STEP TURN ½, STEP TURN ½**

1-2      Bump hips to the left  
3-4      Bump hips to the right  
5-6      Step forward left, turn ½ to right taking weight on right  
7-8      Step forward left, turn ½ to right taking weight on right

## **LEFT FORWARD SHUFFLE, RIGHT FORWARD SHUFFLE, LEFT FORWARD SHUFFLE, RIGHT FORWARD SHUFFLE**

1&2      Step forward on left, step right next to left, step forward on left  
3&4      Step forward on right, step left next to right, step forward on right  
5&6      Step forward on left, step right next to left, step forward on left  
7&8      Step forward on right, step left next to right, step forward on right

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