

Bones

拍數: 48 牆數: 4 級數: Phrased Improver
編舞者: Wulan (INA) & Didi Danza (INA) - May 2023
音樂: Bones - Imagine Dragons



Sequence A B B A B B B16 A B B Ending
No Tag & 1 Restart on wall 6 with change step (3.00)

Dance Start after 32 Count

Part A: 16c

A1 SLIDE DRAG BEHIND RECOVER R L*

1 - 2 Step R to side (1), Slide L towards R (2) (2 count)
3 - 4 L behind R (3), Recover on R(4)
5 - 6 Step L to side (5), slide R towards L (6) (2 count)
7 - 8 R behind L (7), Recover on L(8)

A2 FORWARD RECOVER BACKWARD HOLD, BACKWARD RECOVER FORWARD HOLD*

1 - 2 Step R forward (1), Recover on L(2)
3 - 4 Step R backward (3), hold (4)
5 - 6 Step L Backward (5),Recovery on R (6)
7 - 8 Step L forward (7), hold (8)

PART B: 32c

B1 WALK R, WALK L, MAMBO FORWARD, WALK BACK, WALK BACK, COASTER STEP*

1 - 2 Walk forward on R (1), walk forward on L (2)
3 & 4 Rock forward on R (3), recover on L (&), step back on R (4)
5 - 6 Walk back on L (5), walk back on R (6)
7 & 8 Step back on L (7), step R next to L (&), step forward on L (8)

B2 KICK BALL SIDE TOUCH,SAILOR 1/4 FORWARD, FORWARD RECOVER*

1 & 2 Kick R forward (1), R beside L with ball (&), touch L to side (2)
3 & 4 Kick L forward (3), L beside R with ball(&), touch R to side (4)
5 & 6 1/4 turn Right step R behind L (5), Step L to Left side (&), Step R Forward (6)
7 - 8 Step L Forward with body roll (7),Recover on R (8)

B3 BACK SHUFFLE, ROCKBACK,PIVOT 1/2 2X*

1 & 2 Step L back (1), Close R together (&), Step L back (2)
3 - 4 Step R Backward (3), recover on L (4)
5 - 6 Step Forward on R (5), Pivot 1/2 L (6)
7 - 8 Step Forward on R (7), Pivot 1/2 L (8)

B4 R DOROTHY, L DOROTHY, FORWARD ROCK, BACK ROCK*

1 2 & Step forward on R as you begin to drag L behind R (1), lock L behind R (2), step Forward on R (&)
3 4 & Step forward on L as you begin to drag L behind L (3), lock L behind R (4), step Forward on L (&)
5 - 6 Step R forward (5), Recover on L (6)
7 - 8 Step R backward (7), Recover on L (8)

