

Sexbomb AB

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Gudrun Bachner (AUT) & Ursula Klinger-Mendl (AUT) - 2020
音樂: Sex Bomb - Tom Jones
或: Let's Get Loud - Jennifer Lopez
或: Livin' la Vida Loca - Ricky Martin : (Fast)



Intro: 32 counts in all three songs

[1-8] Side, together, side, close, heel swivels 2x

1-2 RF step right, LF step together
3-4 RF step right, LF close next to RF
5-6 Swivel both heels to the left and back
7-8 Repeat 5-6

Styling 5-8: right hand on back of head, at the same time 2 slaps on your bottom with left hand as you swivel the heels to the left

[9-16] Side, together, turn ¼ left, brush, rocking chair

1-2 LF to left, step RF next to LF
3-4 ¼ turn left stepping forward with LF (9:00), RF brush forward
5-6 RF rock forward, recover onto LF
7-8 RF rock back, recover onto LF

Restart here in wall 4 (12:00)

[17-24] Rumba box

1-2 RF step right, LF step together
3-4 RF step forward, hold
5-6 LF step left, RF step together
7-8 LF step back, hold

[25-32] Rocking chair bwd, hip bumps

1-2 RF rock back, recover onto LF
3-4 RF rock forward, recover onto LF
5-6 RF step right, bumping hips to the right twice
7-8 Bump hips to the left twice

Smile and Start again

Quelle: CopperKnob – Sexbomb AB – Ursula Klinger-Mendl (AUT), Gudrun Bachner (AUT) – April 2023
