Girl (You Are My Song)



拍數: 32 編數: 4 級數: Easy Intermediate

編舞者: Maria Tao (USA) - May 2023

音樂: Girl / You're My Song - F.R. David: (CD: Long Distance Flight)



Intro: 34 counts

Note: 1 Tag; 3 Restarts

[S1] STEP FWD, HOLD, TOG, STEP FWD, KICK, BACK, CROSS, CHASSE L

1-2& Step R forward (1), hold (2), step ball of L next to R (&)

3-4 Step R forward, kick L forward5-6 Step L back, cross R over L

7&8 Step L to L, step R next to L, step L to L

[S2] BACK ROCK, RECOVER, 1/4 TURN R SHUFFLE FWD, 1/2 TURN R SHUFFLE BACK, BACK ROCK, RECOVER

1-2 Rock R back, recover onto L

3&4 1/4 turn R stepping R forward, step L next to R, step R forward [3:00]
5&6 1/4 turn R Step L to L, step R next to L, 1/4 turn R stepping L back [9:00]

7-8 Rock R back, recover onto L

**** Restart here during WALL 4 and WALL 11 ****

[S3] STEP/JUMP R FWD, TOUCH, HOLD, STEP/JUMP L BACK, TOUCH, HOLD, BACK LOCK STEP, TOE BACK, UNWIND 1/2 TURN L

&1-2 Step/small jump R forward (&), touch L next to R popping L knee (1), hold (2) &3-4 Step/small jump L back (&), touch R next to L popping R knee (3), hold (4)

5&6 Step R back, step L across R, step R back

7-8 Touch L toe back, unwind 1/2 turn L (weight on L) [3:00]

**** Restart here during WALL 7 ****

[S4] FWD ROCK, RECOVER, 1/4 TURN R SIDE, FLICK, CROSS, 1/4 TURN L, 1/2 CURVE TURN L SHUFFLE FWD

1-2 Rock R forward, recover onto L

3-4 1/4 turn R stepping R to R, flick L backwards out to L [6:00]

5-6 Cross L over R, 1/4 turn L stepping R back [3:00]
7&8 1/2 curve turn L shuffle forward stepping - L,R,L [9:00]

START AGAIN!

RESTARTS:

(1) On WALL 4 - dance up to count 16 - restart the dance (facing 12:00)

(2) On WALL 7 - dance up to count 24 - restart the dance (facing 9:00)

(3) On WALL 11 - dance up to count 16 - restart the dance (facing 9:00)

TAG: Add 8 counts tag at the end of WALL 12 (facing 6:00)

1-2 Rock R forward, recover onto L

3&4 1/2 turn R stepping R forward, step L next to R, step R forward

5-6 Rock L forward, recover onto R

7&8 1/2 turn L stepping L forward, step R next to L, step L forward