

Hey Cowboy

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner / Low Improver
編舞者: Allyn Harker (USA) - December 2022
音樂: Hey Cowboy - Devon Cole



START after 8 counts

[1-8] HIP SWAYS x4 / Heel jacks x2

1 sway hips R, shift weight to R leg
2 sway hips L, shift weight to L leg
3 sway hips R, shift weight to R leg
4 sway hips L, shift weight to L leg
5&6 RF cross step over LF, LF step diagonally back to L side, RF touch heel diagonally forward
&7 RF step to R side, LF cross step over RF
&8 RF step diagonally back to R side, LF touch heel diagonally forward

[9-16] STEP BACK HEEL X4 / STEP FORWARD, TOGETHER X2

&1 LF step back, RF touch heel forward
&2 RF step back, LF touch heel forward
&3 LF step back, RF touch heel forward
&4 RF step back, LF touch heel forward
&5,6 LF step back, RF step forward, LF touch together
7,8 LF step forward, RF touch together

RESTART: wall 3 facing 06:00 after count 16

[17-24] GRAPEVINE / KICK FORWARD, BACK, BOOT SLAP IN & OUT

1,2,3,4 RF step side, LF step behind, RF step side, LF touch together
5,6 LF kick forward, LF kick backward
7&8 L leg knee bent, turn lower leg in and touch LF with RH, turn lower leg out and touch LF with LH, LF step next to RF.

[25-32] KICK FORWARD, BACK, BOOT SLAP IN & OUT / PADDLE TURN X3 / HOLD

1,2 RF kick forward, RF kick backward
3&4 R leg knee bent, turn lower leg in and touch RF with LH, turn lower leg out and touch RF with RH, RF touch together
5,6,7 Paddle turn with RF to 09:00, Paddle turn with RF to 06:00, Paddle turn with RF to 03:00
8 Hold

Last Update: 25 Jul 2023