

Everything You Do

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Sandra Lumbaraja (INA) - May 2023
音樂: Everything You Do - M2M



Dance starts at 36 counts from the heavy beat (approx at 00.33)

Tag (4 counts at the end of wall 4)

***3 Restarts (at wall 3 & 10 after 8 counts, at wall 6 after 24 counts)

Sec 1. SIDE ROCK – CROSS SHUFFLE – HEEL TOUCH – COASTER STEP

1 – 2 RF step to R, LF recover
3&4 RF cross over LF, LF step together, RF cross over LF
5 – 6 LF heel touch diagonal L forward (2x)
7&8 LF step back, RF step back together, LF step forward

Restart here at walls 3 & 10

Sec 2. ¼ TURN L PADDLE (2x) – CROSS – BACK – SIDE CHASSE

1 – 4 RF step forward, turn ¼ L with hip roll (body weight on LF) (2x) (06.00)
5 – 6 RF cross over LF, LF step back
7&8 RF step to R, LF close together, RF step to R

Sec 3. FORWARD ROCK – COASTER STEP – KICKBALL FORWARD - ¼ PIVOT TURN L

1 – 2 LF step forward, RF recover
3&4 LF step back, RF step back together, LF step forward
5&6 RF kick forward, RF step beside and ball of LF, LF step forward
7 – 8 RF step forward, ¼ pivot turn L (03.00)

Restart here at wall 6

Sec 4. SIDE – HOLD – BALL – SIDE SHUFFLE – ROLLING VINE – TOUCH

1 -2& RF step to R, hold, step together on ball of LF
3&4 RF step to R, LF close together, RF step to R
5 – 8 Turn ¼ L stepping LF forward, turn ½ L stepping back on RF, turn ¼ L stepping LF to L, RF touch beside LF

TAG (4C) at the end of wall 4

1 – 4 RF step diagonal forward, LF touch beside RF, LF step back diagonal, RF touch beside LF

Happy Dancing♥□