

# Cookin' with Grease

COPPER KNOB  
BY STEPHEN HETS

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Billy Crase (USA) & Carla Willis-Crase (USA) - May 2023  
音樂: Grease - Lainey Wilson



## #16 Count Intro

### \*\*Two Restarts

#### (1-8) Hip Bumps Forward Right and Left, Rock Recover Back, Shuffle Back

1&2      Bump Hips Forward right (1) Bump Hips Back Left (&) Bump Hips forward Right (2)  
3&4      Bump Hips Forward Left (3) Bump Hips Back Right (&) Bump Hips forward Left (4)  
5&6      Rock Forward on Right (5) Recover Weight Back on Left (&) Step Back on Right (6)  
7&8      Step Back Left (7) Step Right Together (&) Step Back Left (8)

#### (9-16) Hip Bumps Back Right and Left, Rock Recover Forward, Step ¼ Cross

1&2      Bump Hips Back Right (1) Bump Hips Forward Left (&) Bump Hips Back Right (2)  
3&4      Bump Hips Back Left (3) Bump Hips Forward Right (&) Bump Hips Back Left (4)  
5&6      Rock Back on Right (5) Recover Weight on Left (&) Step Forward on Right (6)  
7&8      Step Forward on Left (7) Pivot ¼ Turn Right (&) Step Left Across Right (8) 3:00

### \*\* RESTART HERE FACING 9:00 DURING WALLS 3 and 7

#### (17-24) Shuffle Side Right, Back Recover Side Back, Shuffle Side Left, Back Recover Side Back

1&2      Step Right to Side (1) Step Left Together (&) Step Right to Side (2)  
&3&4      Rock Left Behind Right (&) Recover Weight on Right (3) Step Left to Side (&) Step Right  
Back (4)  
5&6      Step Left to Side (5) Step Right Together (&) Step Left to Side (6)  
&7&8      Rock Right Behind Left (&) Recover Weight on Left (7) Step right to Side (&) Step Left Back  
(8)

#### (25-32) Shuffle Back, Coaster Step, Sweep Steps

1&2      Step Back on Right (1) Step Left Together (&) Step Back on Right (2)  
3&4      Step Back on Left (3) Step Right Together (&) Step Forward on Left (4)  
5, 6      Sweep Right Foot Stepping Forward (5) Sweep Left Foot Stepping Forward (6)  
7, 8      Sweep Right Foot Stepping Forward (7) Sweep Left Foot Stepping Forward (8)

\*\* Optional Ending: Replace cts 27&28 ( Coaster step ) with a Sailor Step Turning a ¼ Turn Left To Finish at 12:00

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