

# Hälsa Gud

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Anna-Maria Mejlon (SWE) - May 2023  
音樂: Hälsa Gud - Miss Li



**Intro: 4 counts**

**Chasse R back rock, Chasse L back rock**

1&2      step R to right side, step L next to R, step R to right side  
3-4      rock back on L recover on to R  
5&6      step L to left side, step R next to L, step L to left side  
7-8      rock back on R recover on to L

**Toe strut toe strut, rocking chair**

1-2      R toe fwd, R heel down  
3-4      L toe fwd, L heel down  
5-6      rock fwd on R, recover on to L  
7-8      rock back on R recover on to L

**Vine to the R touch, vine to the L turning ¼ touch**

1-2      step R to R side, step L behind R  
3-4      step R to right side, touch L next to R  
5-6      step L to left side, step R behind L  
7-8      step fwd on L turning ¼ to L side, touch R next to L

**Side touch side touch, swivel back rock**

1-2      step R to right side, touch L next to R  
3-4      step L to left side, touch R next to L  
5-6      point heels out and in  
7-8      rock back with R recover on to L

**Restart: Wall 5 after 8 counts facing 12 ' o clock**

**Hope you like this dance!!  
Line up, and have fun :)**

