

# Sekali Seumur Hidup

**COPPER** **KNOB**  
BY STEPSHEETS

拍數: 36                      牆數: 4                      級數: Beginner  
編舞者: Juli Santoso Pikir (INA), Hadi Wahyudi (INA), Bagus (INA) & Suhada (INA) - May  
2023  
音樂: DJ SEKALI SEUMUR HIDUP (LESTI) - REMIX TERBARU 2022



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## S-1. TOUCH FORWARD - TOUCH SIDE - FORWARD (R) - TOUCH SIDE (L), TOUCH FORWARD - TOUCH SIDE - FORWARD (L) - TOUCH SIDE (R)

1 2 3 4                      Touch RF forward - Touch RF to side - Step RF forward - Touch LF to side  
5 6 7 8                      Touch LF forward - Touch LF to side - Step LF forward - Touch RF to side

## S-2. CROSS ROCK - SIDE - CROSS, VINE

1 2 3 4                      Step cross RF over LF - Recovered on LF - Step RF to side - Step LF Cross Over RF  
5 6 7 8                      Step RF to side - Cross LF behind RF - Step RF to side - Cross LF behind RF

## S-3. ¼ TURN R JAZZ BOX, ROCKING CHAIR

1 2 3 4                      ¼ Turn R Step cross RF over LF - Step LF back - Step RF to side - Cross LF over RF  
5 6 7 8                      Step RF forward - Recovered on LF - Step RF back - Recovered on LF

## S-4. KICK BALL TOUCH (R/L), V STEP

1&2                      Kick RF forward - RF together and ball - Touch LF to side  
3&4                      Kick LF forward - LF together and ball - Touch RF to side  
5 6 7 8                      Step RF to R diagonal Forward - Step LF to L diagonal Forward - step FR back to center ,  
Step LF beside RF

## S-5. SWAY-SWAY

1 2 3 4                      Bump hip to R - Bump hip to L - Bump hip to R - Bump hip to L

## Tag 2x : after wall 2 & wall 8

### Tag. SIDE CLOSE - SIDE CLOSE

1 2 3 4                      Step RF to side - Close LF beside RF, Step LF to side - Close RF beside LF

Happy Dance : Julipikir.upn@gmail.com

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