

This Thing

拍數: 64 牆數: 4 級數: Improver
編舞者: Diana Oglesby (USA) - May 2023
音樂: This Thing - Neon Union



Intro: 32 Counts, start with weight on L
Restart on wall 3, after 16 counts

S1 (1-8) R BIG STEP, HOLD, L TOGETHER, HOLD, L BIG STEP, HOLD, R TOGETHER, HOLD

1-4 Big step R side (1), hold (2), step L together (3), hold (4)
5-8 Big step L side (5), hold (6), step R together (7), hold (8)

S2 (9-16) BACK DIAGONAL STEP-TOUCHES R-L-R-L

1-4 Step R diagonally back (1), touch L together (2), step L diagonally back (3), touch R together (4)
5-8 Step R diagonally back (5), touch L together (6), step L diagonally back (7), touch R together (8)

Restart here on wall 3

S3 (17-24) TWO ¼ R PADDLE TURNS

1-4 Step R forward (1), hold (2), turn 1/4 L and step L in place (3), hold (4) (9:00)
5-8 Step R forward (5), hold (6), turn 1/4 L in step L in place (7), hold (8) (6:00)

S4 (25-32) R OVER, POINT L, HITCH L, POINT L, SLOW L SAILOR, HOLD

1-4 Cross R over (1), point L toe diagonally forward (2), hitch L forward (3), point L toe diagonally forward (4)
5-8 Cross L behind (5), step R side (6), step L side (7), hold (8)

S5 (33-40) R BACK, L HEEL SWIVELS, L BACK, R HEEL SWIVELS

1-4 Step R back (1), swivel L heel out (2), swivel L heel in (3), swivel L heel out (4)
5-8 Step L back (5), swivel R heel out (6), swivel R heel in (7), swivel R heel out (8)

S6 (41-48) R BACK COASTER, HOLD, SLOW L FWD SHUFFLE, HOLD

1-4 Step R back (1), step L together (2), step R forward (3), hold (4)
5-8 Step L forward (5), step R together (6), step L forward (7), hold (8)

S7 (49-56) ¼ L TURNING SCISSORS, HOLD, L SLOW SIDE SHUFFLE, HOLD

1-4 Step R forward (1), turn ¼ L and step L together (2), cross R over (3), hold (4)
5-8 Step L side (5), step R together (6), step L side (7), hold (8)

S8 (57-64) R ROCK BEHIND, RECOVER, STEP R SIDE, HOLD, L ROCK BEHIND, RECOVER, STEP L SIDE, HOLD

1-4 Rock R behind (1), recover to L (2), step R side (3), hold (4)
5-8 Rock L behind (5), recover to R (6), step L side (7), hold (8)

REPEAT

Restart on wall 3, after 16 counts

Ending – the dance ends 16 counts into wall 7 and you will be facing 6:00.

In order to end the dance facing the beginning wall, in S2, steps 5-8, step R forward, hold, turn ½ L and step R together.

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