

This One's for Julie

拍數: 32 牆數: 4 級數: High Beginner
編舞者: S.M. Fulton (USA) - May 2023
音樂: Never Gonna Not Dance Again - P!nk



#8-count intro - 8-ct tag x 3, 16-ct tag x 1, 12-count tag x 1. These are all V steps.

Section 1: Heel-step-heel-step, heel-step-heel-step

1 2 Touch R heel to right diagonal, then step R next to L
3 4 Touch L heel to left diagonal, then step L next to R
5 6 7 8 Repeat counts 1-4

HARDER OPTION: Heel-toe-heel-step, heel-toe-heel-step

1 2 Touch R heel to right diagonal (1), touch R next to L (2)
3 4 Touch R heel to right diagonal (3), step R next to L (4)
5 6 Touch L heel to left diagonal (5), touch L toe next to R (6)
7 8 Touch L heel to left diagonal (7), step L next to R (8)

Section 2: Step-flick-step-hook, rocking chair

1 2 Step slightly forward on R, flick L heel up behind thighs/hips
3 4 Step down on L, hook R foot up in front
5 6 7 8 Rocking chair: R rock forward, recover, rock back, recover

Section 3: Side, touch, side, touch, quarter side, touch, side, touch

1 2 3 4 Step R to right side, touch L next to R. Step L to left side, touch R next to L
5 6 7 8 Step R a quarter (9:00), touch L next to R. Step L to left side, touch R next to L

Section 4: Vine right, vine left with touches

1 2 3 4 Grapevine to the right with L touch
5 6 7 8 Grapevine to the left, with R touch

#TAGS

#8-count tag. 2 V steps: R forward diagonal step (1), L diagonal step (2), R step back to center (3), L step back to center (4). Repeat for 5, 6, 7 and 8.

This is done 3 times, at 6:00, 3:00 and 9:00 (after walls 2, 3 and 5). Wall 2 starts at 9:00, ends at 6:00. Wall 3 starts at 6:00, ends at 3:00. Wall 5 starts at 12:00, ends at 9:00.

#16-count tag. 4 V steps with turn in the middle. After the 8-count tag at 9:00, you do wall 6, starting at 9:00 and ending at 6:00. Then you do 4 V steps, 2 at 6:00 then turning to the left to 3:00 and doing 2 more.

#12-count tag. 3 V steps. Do wall 7, starting at 3:00 and ending at 12:00. Then you do 3 V steps, all at 12:00.

ENDING: Towards the end, when the lyrics are about letting the music run to the end, keep dancing. You'll end naturally at the front. Do L vine. Just hitch R and step R next to L for last beat, slightly after count 32.

A PERSONAL NOTE: There are a few dances written for this music, so you might wonder: Why another one? My goal was an easy dance for social dancers at my niece's wedding reception. Why all the tags? She's a musician and can hear the shifts in the music. I'll be calling out the steps and tags.