

Feels This Good

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Shelli Blake (USA) - May 2023
音樂: Feels This Good - Jon Mero & LÒNIS



Weight starts on L. Intro 32c (approx. 18 seconds)

KICK BALL CHANGE, WALK X2, ROCKING CHAIR

1&2 Kick R foot forward, step down R foot, step L foot next to R
3-4 Walk forward R foot, walk forward L foot
5-8 Rock forward R foot, recover on L foot, rock back R foot, recover on L foot

STEP PIVOT ¼ TURN L, STEP PIVOT ¼ TURN, L, KICK BALL POINT R & L

1-2 Step R foot forward, pivot ¼ turn L
3-4 Step R foot forward, pivot ¼ turn L
5&6 Kick R foot forward, step forward on R foot, point L foot to L side
7&8 Kick L foot forward, step forward on L foot, point R foot to R side [6:00]

SHUFFLE R, L HEEL & TOUCH, ROCK RECOVER, ¼ TURN R, SIDE SHUFFLE R

1&2 Step forward R foot, step L foot next to R, step forward R foot
3&4 Touch L heel forward, step L foot next to R, touch R foot next to L foot
5-6 Rock forward R foot, recover on L foot
7&8 Step R foot into ¼ turn R, step L foot next to R foot, step R foot to R side [9:00]

JAZZ BOX L, ½ MONTEREY TURN R

1-2 Step L foot over R foot, step back R foot
3-4 Step L foot next to R foot, touch R foot next to L foot
5-6 Point R foot to R side, make ½ turn R stepping R next to L
7-8 Touch L foot to L side, step L foot in place next to R [3:00]

Start dance over
