

Nothing Hurts Like You

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: High Improver
編舞者: Paulette Chang (USA) - January 2023
音樂: Nothing Ever Hurt Like You - James Morrison



INTRO: 32 COUNTS – 2 RESTARTS

[1-8] WALK R, L, R LOCK STEP FORWARD, L SIDE ROCK, RECOVER, CROSS SHUFFLE

1,2 Walk forward R, L
3&4 Step R, Lock L behind R, Step R
5,6,7&8 Step L side rock, recover R, cross L over R, Step R to side, Cross L over R (12:00)

[9-16] STEP R, HINGE ¼ L, CROSS SHUFFLE, ¼ TURN L, STEP LOCK, STEP LOCK STEP

1,2 Step R to R side, ¼ turn L onto L,
3&4 Cross R over L, step L to L side, Cross R over L (9:00)
5,6 ¼ turn L, step L forward, Lock R behind L (6:00)
7&8 Step L forward, Lock R behind L, Step L forward (6:00)

***** Restart here during W4 and W9

[17-24] SWAY R, SWAY L, STEP PIVOT ½ TURN, STEP PIVOT ¼ TURN, WALK FORWARD R, L

1,2 Sway R, Sway L (6:00)
3,4 Step R forward pivot ½ turn L onto L,
5,6 Step R forward pivot 1/4 turn L onto L *roll hips on turns
7,8 Walk forward R, L (9:00)

[25-32] R SHUFFLE FORW, L SHUFFLE ½ TURN, ROCK BACK R, RECOVER, FULL TURN

1&2 R Shuffle forward, step R, L together, Step R forward,
3&4 L shuffle ½ turning over R shoulder, step on L, turn onto R, Step L next to R
5,6 Rock back on R, recover on L
7,8 Moving forward ½ turn backward onto R, ½ turn forward onto L (3:00)

Non turning option for 31 & 32: Step forward R, Step L next to R with wt.

Restarts face 3:00 during wall 4 and 9:00 during wall 9, after first 16 counts

Ends facing 12:00

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