

# Down Home Blues

拍數: 48      牆數: 2      級數: High Beginner  
編舞者: Jeanie Kotlik (USA) - May 2023  
音樂: Down Home Blues - Z.Z. Hill



Begin dance after 16 count intro , No tags or restarts

## [1-8] RIGHT SHUFFLE, ROCK BACK L, RCVR, LEFT SHUFFLE, FWD & BACK SWAY ROCK

1&2      Step R to the right side, step L beside R, step R to the right side  
3-4      Rock back on L , recover on R  
5&6      Step L to the left side, step R beside L, step L to the left side  
7-8      Rock forward on R with sway , rock back on L with sway

## [9-16] STEP FWD ON R, PIVOT 1/2 TURN LEFT, STEP FWD ON L, SHUFFLE FWD R,L,R, L FWD ROCK, RCVR, 1/2 LEFT TURNING SHUFFLE L,R,L

1-2      Step forward on R , pivot 1/2 turn left, step L forward  
3&4      Step R forward, step L beside R , Step R forward  
5-6      Rock forward on L , recover on R  
7&8      Turning 1/2 turn left, shuffle L,R,L

## [17-24] ½ JAZZ BOX, TRIPLE STEP IN PLACE R,L,R, WALK BACK L, R, COASTER

1-2      Cross step R over L , step back on L  
3&4      Triple step in place R,L,R  
5-6      Walk back on L , walk back on R  
7&8      Step back on L , step R beside L , step forward on L

## [25-32] R,L DIAGONAL KICKS, R HIPPY DIPPY, L HIPPY DIPPY

1-2      Kick R forward diagonal crossing over L, recover on R  
3-4      Kick L forward diagonal crossing over R, recover on L  
5-6      Step right to side (as you dip), straighten and point L toe to side  
7-8      Shift weight to left (as you dip), straighten and point R toe to side

Styling suggestion: Shoulder shimmy on last 4 count

## [33-40] SHUFFLE STEP BACK R, L, R, 1/2 LEFT TURNING SHUFFLE L, R, L, R ROCKING CHAIR

1&2      Shuffle step back R,L,R  
3&4      Turning 1/2 turn left, shuffle L,R,L  
5-6      Rock forward on R, recover on L  
7-8      Rock back on R, recover on L

## [41-48] TOE HEELS WITH HIP BUMPS R,L, QUICK STEP TOE TOUCHES 4X

1-2      Step forward slight right on R ball, bump hip, bump hip again as you lower heel  
3-4      Step forward slight left on L ball, bump hip, bump hip again as you lower heel  
&5      Step forward on R, touch L beside  
&6      Step forward on L, touch R beside  
&7      Step forward on R, touch L beside  
&8      Step forward on L, touch R beside