

My Alibi

拍數: 72 牆數: 2 級數: Phrased Improver
編舞者: Rex Allott (UK) - May 2023
音樂: How Can I Be Sure - Dusty Springfield



Intro - 6 beats

Sequence - Ax2,6 beat pause,Bx4,Ax2,Bx2,Ax2,C.

A.24c

S1. Point L diagonally out L, return

1-3. Point L diagonally out L, pause x 2

4-6. Return L next to R, pause x 2

S2. Point R diagonally out R, return

1-3. Point R diagonally out R, pause x 2

4-6. Return R next to L, pause x 2

S3. Point L diagonally back, return

1-3. Point L diagonally back, pause x 2

4-6. Return L next to R, pause x 2

S4. Point R diagonally back, return

1-3. Point R diagonally back R, pause x 2

4-6. Return R next to L, pause x 2

B.48c

S1. Dorothy steps L, R

1-3. Step L diagonally fwd L, lock R behind L, step L diagonally fwd L

4-6. Step R diagonally fwd R, lock L behind R, step R diagonally fwd R

S2. Step fwd L, R, back L, R

1-3. Step fwd L, R, pause

4-6. Step back R, L, pause

S3. Scuff, brush R over L, return, R shuffle back

1-3. Scuff R fwd over L, brush R back to L of L, swing R fwd to R of R

4-6. Shuffle back R, L, R

S4. Step L to L, heel/toe swivel R next to L

1-3. Step L to L, pause x 2

4-6. Swivel R heel to L, R toe to L, R heel to L

S5. Scuff, brush L over R, return, L shuffle back

1-3. Scuff L fwd over R, brush L back to R of R, swing L fwd to L of L

4-6. Shuffle back L, R, L

S6. Step R to R, heel/toe swivel L next to R

1-3. Step R to R, pause x 2

4-6. Swivel L heel to R, L toe to R, L heel to R

S7. Cross turn 1/4 R, L fwd mambo

1-3. Cross R over L, step L back, turning 1/4 R step R fwd

4-6. Step L fwd, step R on the spot, step L back

S8. Rpt S7.

C. (Tempo slows as song finishes)

S1. L, R, sailor step, step fwd L

- 1-3. Step L to L, step R behind L, step L to R
- 4-6. Step R to R, step L behind R, step R to L
- 7. Step L fwd

Last Update - 6 May 2023
