

AHHH YES, Shake It

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Rick Todd (USA) - May 2023
音樂: Shake It - SISTAR



Side Shuffle R, ¼ turn R, Side Shuffle L, Walk Forward & Kick

1&2 Step R to R side, Step L next to R, Step R to R Side
3&4. Step L to L side, Making ¼ turn R, Step R next to L, step L to L side
5-8. Walk forward R L R Kick L

Walk Back 4 Steps, Bump hips to R and L

1-4 Walk back L R L R
5&6 Bump hips two times to the R
7&8 Bump hips two times to the L

1/4 Turn Monterey to the R, R Rocking Chair

1-4 Touch R toe to R side, Pivot ¼ turn R, touch L toe to L side, step L next to R
5-8 Rock forward R, recover to L, rock back on R, recover to L

Lindy To the R & L

1-4 Shuffle R L R to R side, Rock back on L, Recover to R
5-8 Shuffle L R L to L side, Rock back on R, recover to L

Repeat dance...

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