

Goodies

拍數: 32 牆數: 2 級數: Improver
編舞者: Sobrielo Philip Gene (SG) - May 2023
音樂: Goodies - Dillon Francis



#32 counts intro, No Tag No Restarts

HIP BUMPS, SIDE SHUFFLE, CROSS ROCK, 1/4 SHUFFLE

1-2 Bump hip right (1), bump hip left (2)
3&4 Step RF to right (3), step LF beside RF (&), Step RF to right (4)
5-6 Rock LF over RF (5), recover onto RF (6)
7&8 1/4 turn left step LF forward (7), step RF beside LF (&), step LF forward (8) (9:00)

1/4 HIP ROLL, HIP ROLL TOUCH, KICK BALL CROSS, SIDE ROCK

1-2 1/4 left step RF to right (1), rolling hip anti clock left to right (2), (6:00)
3-4 Roll hip clock wise right to left (3), Touch RF diagonally forward right (4)
5&6 Kick RF forward (5), step RF beside LF (&), cross LF over RF (6)
7-8 Rock RF to right (7), recover onto LF (8) (6:00)

CROSS SHUFFLE, 1/2 CROSS SHUFFLE, HIP BUMPS

1&2 Cross RF over LF (1), Step LF to L side (&), Cross RF over LF (2)
3&4 ½ Turn L Cross LF over RF (3), Step RF to R side (&), Cross LF over RF (4) (12:00)
5-8 Step RF to right and bump hip to right (5), bump hip to left (6), Bump hip to right (7), bump hip to left (8) (12:00)

SAMBA RIGHT, SAMBA LEFT, JAZZ BOX 1/2 CROSS

1&2 Cross RF Over LF (1), Step LF to Left Side (&), Recover on RF (2)
3&4 Cross LF over RF (3), Step RF to Right Side (&), Recover on LF (4)
5-6 Cross RF over LF (5), 1/4 right step LF back (6)
7-8 1/4 step RF to right (7), Cross LF over RF (6:00)
