

Samba and Sweep

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Rob Fowler (ES) - April 2023
音樂: All Eyes On Me - Skinny Beats



Intro: 16 counts (approx. 8s)

S1: R Mambo Fwd, L Mambo Back, R Side Mambo, L Side Mambo

1&2 Rock forward on R, recover on L, step R next to L
3&4 Rock back on L, recover on R, step L next to R
5&6 Rock R out to R side, recover on L, step R next to L
7&8 Rock L out to L side, recover on R, step L next to R [12:00]

S2: R Side, Together, R Chasse, Heel Twists

1,2 Step R to R side, step L next to R
3&4 Step R to R side, step L next to R, step R to R side
5,6 Twist both heels R, twist both heels L
7&8 Twist both heels R, L, R (weight ends on L) [12:00]

***BRIDGE: See note below about BRIDGE here during Walls 2, 4 and 6.**

S3: R Cross Samba, Cross L, Sweep ¼ L, R Chasse, L Cross Rock, Recover, Side L

1&2 Cross step R over L, rock L out to L side, recover on R
3,4 Cross step L over R, sweep R around making ¼ turn L (keep weight on L) [9:00]
5&6 Step R to R side, step L next to R, step R to R side
7&8 Cross rock L over R, recover on R, step L to L side

S4: R Cross Samba, L Cross Samba, Step R, Pivot ½ L, Step R, ¼ L With Flick

1&2 Cross step R over L, rock L out to L side, recover on R
3&4 Cross step L over R, rock R out to R side, recover on L
5,6 Step forward on R, make ½ turn L (weight on L) [3:00]
7,8 Step forward on R, make ¼ turn L stepping L next to R and flicking R to R side [12:00]

S5: Diamond ¾ R

1&2 Cross step R over L, step L to L side, make 1/8 turn R stepping back on R [1:30]
3&4 Step back on L, step R to R side, make ¼ turn R stepping forward on L [4:30]
5&6 Step forward on R, make 1/8 turn R stepping L to L side, make 1/8 turn R stepping back on R [7:30]
7&8 Step back on L, make 1/8 turn R stepping R to R side, step forward on L [9:00]

S6: R Side Mambo, L Side Mambo, R Brush Out-Out, Roll Hips

1&2 Rock R out to R side, recover on L, step R next to L
3&4 Rock L out to L side, recover on R, step L next to R
5&6 Brush R forward, step R out to R side, step L out to L side (shoulder-width apart)
7,8 Roll hips full turn anti-clockwise (weight ends on L) [9:00]

S7: Cross Rock, Side Rock, R Sailor, Cross Rock, Side Rock, L Sailor

1&2& Cross rock R over L, recover on L, rock R out to R side, recover on L
3&4 Step R behind L, step L to L side, step R to R side
5&6& Cross rock L over R, recover on R, rock L out to L side, recover on R
7&8 Step L behind R, step R to R side, step L to L side [9:00]

RESTART: During WALL 2 restart here (facing 6:00)

S8: Step R, Pivot ¼ L, Step R, Pivot ¼ L, R Jazz Box Forward

1,2 Step forward on R, make ¼ turn L (weight on L) [6:00]
3,4 Step forward on R, make ¼ turn L (weight on L) [3:00]
5,6,7,8 Cross step R over L, step back on L, step R to R side, step forward on L

Start Over

***BRIDGE:** During WALL 2 (facing 3:00), WALL 4 (facing 9:00) and WALL 6 (facing 9:00) please add the following 4-count bridge at the end of S2, then CONTINUE the dance from S3:

Step R, Pivot ½ L, Walk R, Walk L

1,2,3,4 Step forward on R, make ½ turn L (weight on L), walk forward R, walk forward L

RESTART: During WALL 2, dance up to and including count 8 of Section 7, then RESTART the dance facing 6:00.

Pattern:

Wall 1 Full wall

Wall 2 BRIDGE after S2 (facing 3:00) and RESTART after S7 (facing 6:00)

Wall 3 Full wall

Wall 4 BRIDGE after S2 (facing 9:00)

Wall 5 Full wall

Wall 6 BRIDGE after S2 (facing 9:00)
