Sleepwalker



編舞者: Christine Stewart (NZ) - February 2023

音樂: Sleepwalker - Ava Max: (Album: Diamonds & Dancefloors)



#3 very easy restarts

*Restart 1 happens during Wall 2 facing 6:00. Dance up to and including count 24 then start dance again facing 6:00

**Restart 2 happens during Wall 6 facing 12:00. Dance up to and including count 24 then start dance again facing 12:00

***Restart 3 happens during Wall 11 facing 12:00. Dance up to and including count 8 then start dance again facing 12:00

ENDING: Dance automatically finishes facing 12:00

Intro: 16 counts. Dance rotates in a CCW direction

Begin facing 12:00 with weight on Left and Right touched beside Left

[1 – 8] SIDE SHUFFLE, ROCK BACK, RECOVER FORWARD, SIDE SHUFFLE, ROCK BACK, RECOVER FORWARD

1 & 2	Step Right foot to right side, Step onto Left foot beside Right foot, Step Right foot to right side
3 - 4	Step/rock Left foot back, recover forward onto Right foot
5 & 6	Step Left foot to left side, Step onto Right foot beside Left foot, Step Left foot to left side
7 - 8	Step/Rock Right foot back, Recover forward onto Left foot *** (12:00)

^{***} Restart 3 happens here during Wall 11. Dance starts again facing 12:00

[9 - 16] K STEP (WITH CLAPS)

1 - 2	Step Right foot forward on right diagonal, Touch Left foot beside Right foot while clapping hands
3 - 4	Step Left foot back on left diagonal, Touch Right foot beside Left foot while clapping hands
5 - 6	Step Right foot back on right diagonal, Touch Left foot beside Right foot while clapping hands
7 - 8	Step Left foot forward on left diagonal, Touch Right foot beside Left foot while clapping hands (12:00)

117 – 241 SIDE SHUFFLE ROCK BACK RECOVER FORWARD GRAPEVINE TOLICH

[17 - 24] SIDE SHOLLE, NOOK BASK, NESSVERT SKAVAKD, SIVALEVINE, 1999H		
1 & 2	Step Right foot to right side, Step onto Left foot beside Right foot, Step Right foot to right side	
3 - 4	Step/rock Left foot back, recover forward onto Right foot	
5 - 8	Step Left foot to left side, Step/cross onto Right foot behind Left foot, Step Left foot to left	
	side, Touch Right foot beside Left foot *, ** (12:00)	

^{*}Restart 1 happens here during Wall 2. Dance starts again facing 6:00

[25 - 32] ROCKING CHAIR, 1/4 PIVOT TURN LEFT, 1/4 PIVOT TURN LEFT

1 - 4	Step/rock Right foot forward, Recover back onto Left foot, Step/rock Right foot back, Recover forward onto Left foot
5 - 6	Step Right foot forward, Turn 1/4 left on both feet transferring weight onto Left foot (9:00)
7 - 8	Step Right foot forward, Turn 1/4 left on both feet transferring weight onto Left foot (6:00)

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^{**}Restart 2 happens here during Wall 6. Dance starts again facing 12:00