

Take Me As I Am

拍數: 48 牆數: 2 級數: Improver
編舞者: Christine Stewart (NZ) - April 2023
音樂: BOOTS 'N ALL - Kaylee Bell : (Single)



Restart 1: during Wall 2 after count 44. Dance starts again facing 12:00
Restart 2: during Wall 3 after count 32. Dance starts again facing 6:00
Restart 3: during Wall 4 after count 44. Dance starts again facing 12:00
Restart 4: during Wall 6 after count 32. Dance starts again facing 12:00

*TAG: 4 counts at end of Wall 5 facing 6:00

ENDING: During wall 8 which starts facing 6:00 dance the first 8 counts then add ENDING to finish facing 12:00

Intro: 8 counts. Dance rotates in a CCW direction
Begin facing 12:00 with weight on Left and Right touched beside Left

[1 – 8] HEEL SWITCHES RIGHT THEN LEFT, HEEL FORWARD, HOOK, DIAGONAL SHUFFLE FORWARD, DIAGONAL SHUFFLE FORWARD

- 1 & 2 & Touch Right heel forward (1), Step onto Right foot beside Left foot (&), Touch Left heel forward (2), Step onto Left foot beside Right foot (&)
- 3 - 4 Touch Right heel forward, Touch/hook Right heel against Left shin (Right knee should be pointing to right diagonal)
- 5 & 6 Step Right foot forward and towards right diagonal, Step onto Left foot beside Right foot, Step Right foot forward and towards right diagonal
- 7 & 8 Step Left foot forward and towards left diagonal, Step onto Right foot beside Left foot, Step Left foot forward and to left diagonal Add ENDING here during Wall 8 and after completing the first 8 counts (12:00)

[9 – 16] RIGHT ROCKING CHAIR, STEP FORWARD, TOUCH, STEP BACK, TOUCH

- 1 - 4 Step/Rock Right foot forward, Recover back onto Left foot, Step/Rock Right foot back, Recover forwards onto Left foot
- 5 - 6 Step Right foot forward and slightly to right diagonal (face body to left diagonal), Touch Left foot beside Right foot (add clap with the touch),
- 7 - 8 Step Left foot back on left diagonal (body still facing left diagonal), Touch Right foot beside Left foot (add a clap with the touch) (12:00)

[17 – 24] RIGHT SIDE SHUFFLE, ROCK BACK, RECOVER FORWARD, GRAPEVINE TO LEFT, BRUSH

- 1 & 2 Step Right foot to right side straightening up to 12:00, Step onto Left foot beside Right foot, Step Right foot to right side
- 3 - 4 Step/Rock Left foot back, Recover forwards onto Right foot
- 5 - 8 Step Left foot to left side, Step/Cross Right foot behind Left foot, Step Left foot to left side, Brush Right foot forward (this helps with starting the Jazz Box on count 25 below) (12:00)

[25 – 32] JAZZ BOX, ¼ PIVOT TURN LEFT, ¼ PIVOT TURN LEFT

- 1 - 4 Cross Right foot over in front of Left foot, Step Left foot back, Step Right foot to right side, Step Left foot forward slightly
- 5 - 6 Step Right foot forward, Turn ¼ left on balls of both feet transferring weight onto Left foot (9:00)
- 7 - 8 Step Right foot forward, Turn ¼ left on balls of both feet transferring weight onto Left foot (6:00)

Restart 2: happens here during Wall 3 after count 32. Dance starts again facing 6:00

Restart 4: during Wall 6 after count 32. Dance starts again facing 12:00

[33 – 40] STEP FORWARD, HEEL TOE SWIVELS, STEP FORWARD, HEEL TOE SWIVELS

- 1 Step Right foot forward and slightly to right diagonal (face body to Left diagonal)
2 - 4 Twist Left heel to the right, Twist Left toes to the right, Twist Left heel to the right (Left foot is moving towards the Right foot during these counts)
5 Step Left foot forward and slightly to left diagonal (face body towards right diagonal)
6 - 8 Twist Right heel to the left, Twist Right toes to the left, Twist Right heel to the left (Right foot is moving towards the left foot during these counts) (6:00)

[41 – 48] KICK-BALL-CROSS, KICK-BALL-CROSS, SIDE, TOUCH, SIDE, TOUCH

- 1 & 2 Kick Right foot forward on right diagonal, Step onto Right foot beside Left foot, Cross Left foot over in front of Right foot
3 & 4 Kick Right foot forward on right diagonal, Step onto Right foot beside Left foot, Cross Left foot over in front of Right foot

Restart 1: happens here during Wall 2 after count 44. Dance starts again facing 12:00

Restart 3: happens here during Wall 4 after count 44. Dance starts again facing 12:00

- 5 - 6 Step Right foot to right side straightening up to 6:00, Touch Left foot beside Right foot
7 - 8 Step Left foot to left side, Touch Right foot beside Left foot (6:00)

***TAG: 4 counts at end of Wall 5 facing 6:00 – Step Right foot to right side, Touch Left foot beside Right foot, Step Left foot to left side, Touch Right foot beside Left foot**

ENDING: To finish facing 12:00 add ENDING during wall 8 after count 8

½ PIVOT TURN LEFT, STEP, HOLD

- 1 - 4 Step Right foot forward, Turn ½ left on balls of both feet transferring weight forward onto Left foot, Step Right foot forward, Hold
-