Ashes 2 Ashes

拍數: 16

級數: High Improver

編舞者: Pat Esper (USA) - May 2023

音樂: Rest In Peace - Taylor Austin Dye

DANCE MAP: 16-16-16-16-12-16-8-16-16-16-12-16-16-16-16-12-16

[1-8]: Toe-heel scuff-step, Toe-heel scuff-step, Rock-Recover-Half turn step, Step-lock-step

- Touch the right toes next to the instep of the left, Scuff the right heel forward, Step the right 1&2. foot over the left.
- 3&4. Touch the left toes next to the instep of the right, Scuff the left heel forward, Step the left foot over the right.
- 5&6. Rock forward on the right foot, Recover onto the left foot, Turn a half turn over the right shoulder and step forward on the right foot.
- 7&8. Step forward on the left foot, Step/lock the right foot behind the left, Step forward on the left foot.

(2nd restart happens at this point)

[9-16]: Step-quarter turn cross, Hinge turn cross, Side rock-recover-cross, Side rock-recover-cross

- 1&2. Step forward on the right foot, Turn a quarter turn to the left, Step the right foot across the left.
- 3&4. Step the left to the side while turning a quarter turn to the right, Continue turning a quarter turn to the right stepping the right foot to the side (these two step make a half turn to the right), Step the left foot across the right.

(1st,3rd,and 4th,restarts take place at this point)

Rock the right foot to the side, Recover onto the left foot, Step the right foot across the left. 5&6.

7&8. Rock the left foot to the side, Recover onto the right, Step the left foot across the right.

NOTE: There is an 8 count intro. The restarts happen on the after the 5th, 7th,11th,& 16th wall. Refer to the dance map at top.

Last Update: 13 May 2023





牆數:4