

Laisse Aller Ton Corps

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Danielle MODICA (FR) - 23 April 2023
音樂: Laisse aller ton corps - Zaoui



Introduction 16 counts

[1-8] WALK RL, ½ TURN HEEL BOUNCE, STEP BACK R, POINT L, SAILOR ¼ TURN L

1-2 Step RF forward (1), Step LF forward (2) 12:00
3&4 Make ½ turn to the R with 3 heel bounce (3&4), weight on LF 12:00/6:00
5-6 Step RF back (5), Point LF to the L side (6)
7&8 Make ¼ Turn to the L by putting LF back (7), RF to the R side (&), LF to the L side (8)
6:00/3:00

[9-16] SWAY RL, CHASSE R, ROCK BACK L, ¼ TURN STEP LOCK BACK

1-2 Sway to the R with weight on your RF (1), Sway to the L with weight on your LF (2) 3:00
3&4 Step RF Side (3), LF next RF (&), Step RF Side (4)
5-6 Rock back LF (5), Recover (6),
7&8 Make ¼ Turn to the R by putting LF backward (7), Lock RF in front of LF (&), Step LF back
(8) 3:00/6:00

***Wall 5, Restart here**

[17-24] KICK R, BALL POINT L, DRAG L, HITCH L, CROSS, ¼ TURN, COASTER STEP L

1&2 Kick RF forward (1), Bring back RF next LF (&), Point LF to the L side (2) 6:00
3-4 Drag LF next to RF (3), Hitch LF (4)
5-6 Cross LF over RF (5), ¼ Turn to the L by putting RF backward (6) 6:00/3:00
7&8 Step LF back (7), RF next LF (&), Step LF forward (8)

[25-32] ¼ TURN L TOE STRUT 2X, WALK RL, ½ TURN HEEL BOUNCE

1-2 Make ¼ turn to the L by putting R toe to the R side (1), Lower the R heel (2) 3 :00/12 :00
3-4 Make ¼ Turn to the L by putting L toe to the L side (3), Lower the L heel (4) 12:00/9:00
5-6 Step RF forward (5), Step LF forward (6)
7&8 Make ½ turn to the R with 3 heel bounce (7&8), weight on LF 9:00/3:00

TAG: After Wall 3

1-2 Side Rock R (1), Recover (2)
3-4 Rock Back R (3), Recover (4)

Enjoy ☐

Source : This file is the original. If you have any questions, don't hesitate to contact me :
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