

Bring the Beat In

拍數: 32 牆數: 4 級數: High Improver
編舞者: Sandra Lumbaraja (INA) - March 2023
音樂: BARU - GAC (Gamaliél Audrey Cantika)



Dance start at 48 counts from the heavy beat (approx 00.30)

Restart at wall 4 after 16 counts

Tag (4 counts) at the end of wall 7

Sec 1. BRUSH - SIDE - SWIVEL - WALK BACKWARD (RL) - COASTER STEP

1 - 2 RF brush, RF step to R
3&4 both feet swivel to L, R, L
5 - 6 RF step back, LF step back
7&8 RF step back, LF step beside RF, RF step forward

Sec 2. PIVOT ½ TURN R - PIVOT ¼ TURN R - SIDE TOUCHES - SIDE CHASSE - TOUCH

1 - 2 LF step forward, pivot ½ turn R (06.00)
3 - 4 LF step forward, pivot ¼ turn R (09.00)
5&6& LF step to L, RF touch beside LF, RF step to R, LF touch beside LF
7&8 LF step to L, RF step beside LF, LF step to L

* (Restart here at wall 4)

& RF touch beside LF

Sec 3. BIG STEP - TOUCH BEHIND - ½ TURN L HEEL BOUNCES- PRESS FORWARD - STEP BACK WITH KICK - COASTER STEP

1 - 2 RF big step to R, LF touch behind RF
3 - 4 ¼ turn L bounce both heel (06.00), ¼ turn L bounce both heel (03.00)
5 - 6 RF step and pressing forward, LF step back kicking RF forward
7&8 RF step back, LF step beside RF, RF step forward

Sec 4. FORWARD ROCK - COASTER STEP - OUT - OUT - IN - IN - JUMP WITH CROSS - UNWIND ½ L

1 - 2 LF step forward, RF recover
3&4 LF step back, RF step beside LF, LF step forward
5&6& RF step to R, LF step to L, RF step to center, LF step to center
7 - 8 Jump with both feet crossing RF over LF and crossing LF behind RF, turn ½ L (weight on center) (09.00)

* Easier option for those who do not want to jump:

7 - 8 RF cross over LF, turn ½ L

TAG (4 counts) at the end of wall 7

1 - 2 RF step forward, pivot ¼ turn L
3 - 4 hold for 2 counts with free styling

At the end of wall 11, you may add the last 4 counts of section 4 and strike a pose facing 12.00

Enjoy the dance♥☐

Last Update: 30 Apr 2023