

One More For The Road

COPPER KNOB
STEPPERS

拍數: 80 牆數: 4 級數: Improver
編舞者: John Severinsen (NZ) - April 2023
音樂: Lido Shuffle - Boz Scaggs



Intro: 16 Counts

[1-8] Step R Fwd, Hold, Swivel Heels R, Swivel Heels back to Centre. R Back, Hold, L Toe Strut Back.

1, 2, 3, 4 Step R Fwd, Hold, Swivel both heels R, Swivel both heels L back to centre.
5, 6, 7, 8 Step R Back, Hold, Step L toe back, Place down on heel.

[9-16] Toe Strut ¼ R, Toe Strut cross. Monterey ¼ R into Coaster step.

1, 2, 3, 4 Step R Toe ¼ Turn Right [3:00], Step down onto heel. Step L Toe across Right, Step down on heel.
5, 6, 7 & 8 Touch R to Right, ¼ turn R Step R beside L [6:00], Step L back, Right together, L Fwd.

[17-24] Long Step R, Drag touch L, Kick ball cross. Step L, R Behind, ¼ turn L Fwd, Hold.

1, 2, 3 & 4 Long step R to Right, Drag L beside R, Kick L, Step L beside R, Cross R over L.
5, 6, 7, 8 Step L to left, Step R behind L, ¼ turn L step L Fwd [3:00], Hold.

[25-32] R Heel Fwd, Hold, R Toe Back, Hold. R Fwd, ¼ L Back, Coaster cross.

1, 2, 3, 4 Touch R heel Fwd, Hold, Touch R toe Back, Hold (Optionally clap on holds).
5, 6, 7 & 8 Step R Fwd, ¼ L step L back [12:00], Step R back, Step L together, Cross R over L. *

[33-40] Volta ¾ L, Step. Walk, Walk, Run, Run, Run.

1 & 2 & 3 & 4 Step L Fwd ¼ L, Step R behind L (3 times) [3:00], Step L Fwd.
5, 6, 7 & 8 Step R Fwd, Step L Fwd, Step R Fwd, Step L Fwd, Step R Fwd.

[41-48] L Side Rock, Recover, Together, Hold. R Side Rock, Recover, Together, Hold.

1, 2, 3, 4 Step L to Left, Recover on R, Step L beside R, Hold (optional styling sway hips left/right).
5, 6, 7, 8 Step R to Right, Recover on L, Step R beside L, Hold (optional styling sway hips to right/left).

[49-56] L Fwd, Hold, Slow Jazz box together.

1, 2, 3, 4 Step L Fwd, Hold, Cross R over L, Hold.
5, 6, 7, 8 Step L back, Hold, Step R to side, Step L beside R.

[57-64] R Fwd, Slow Jazz box together.

1, 2, 3, 4 Step R Fwd, Hold, Cross L over R, Hold.
5, 6, 7, 8 Step R back, Hold, Step L to side, Step R beside L.

[65-72] L Fwd, Hold, ½ Pivot Right, Hold. Point L, Hold, Together, Point R, Hold.

1, 2, 3, 4 Step L Fwd, Hold, Turn ½ Pivot R [9:00], Hold (optional styling on pivot - bend leg at start and straighten by end).
5, 6 & 7, 8 Point L Left, Hold, Step L beside R, Point R Right, Hold.

[73-80] R Back, Touch L Fwd, Tap L heel (x3). L Together, Rocking chair.

& 1, 2, 3, 4 Step R back, Touch L Fwd, Tap L heel on ground 3 times.
(optional styling raise right arm while tapping heel when he sings "one more for the road").
& 5, 6, 7, 8 Step L beside R, Rock Fwd on R, Recover on L, Rock back on R, Recover on L.

Restart Walls 2 [facing 9:00].

Wall 2 * Step change. Dance to count 32 changing coaster cross to coaster touch. Restart.

Tag End of walls 3 [facing 6:00] and 5 [facing 12:00].

1, 2, 3, 4 Rocking chair.

Ending Wall 7.

Ends at front. Finish on count 49
