

My First Boogie

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Easy Beginner
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音樂: Cherokee Boogie - BR5-49



Start on vocals

Section 1: Toe struts RLRL backward

1-4 R toe backward, drop R heel, L toe backward, drop L heel
5-8 R toe backward, drop R heel, L toe backward, drop L heel

Section 2: Swivel R heel in place, swivel L heel in place

1-4 (Legs bent): Swivel R heel to the R, to the L, to the R, return to center (ending weight on R)
5-8 (Legs bent): Swivel L heel to the L, to the R, to the L, return to center (ending weight on L)

Section 3: Step R to the R, hook, step L to the L, hook, swivels in place, hold

1-4 Step R to the R, hook L behind R, step L to the L, hook R behind L
5-8 Bring L beside R swiveling both heels to the R, swivel both heels to the L, swivel both heels to the R, hold

Section 4: RLRL heel struts making a L ½ T Making a L ½ T:

1-8 (R heel forward, drop your R toe, L heel forward, drop your L toe) x 2

Section 5: R & L side points, toes & heels fans, recover

1-4 Point R to R side, R beside L, point L to L side, L beside R
5-6 Swivel both toes outward, swivel both heels outward
7-8 Swivel both heels inward, return both toes to center (ending weight on L)

Section 6: K steps with claps

1-2 Step R forward (R diagonal), touch L beside R + clap
3-4 Step L backward (L diagonal), touch R beside L + clap
5-6 Step R backward (R diagonal), touch L beside R + clap
7-8 Step L forward (L diagonal), touch R beside L + clap
