

# Forward and Backward

**COPPER** **KNOB**  
BY STEPHANETS

拍數: 32      牆數: 0      級數: Beginner Circle  
編舞者: Mark Wuyts (BEL) - April 2023  
音樂: Hasaposerviko (Edit) - Nikos Ignatiadis



Easy circle dance on happy Greek music.

Intro: 8 counts, start R foot.

## PART A

### Sec 1: Walk 4; turn & backward 4;

1-4            LOD Hands up - Walk 4;  
5-8            LOD Hands & head down - turn to face RLOD & backward 4;

### Sec 2: Walk 4; vine 4;

1-4            LOD Hands up - Walk 4 to face center;  
5-8            LOD Step sd R, L behind (hands down), R side (hands up), L in front;

## PART B:

### Sec 1: Side, close, side, swing; Reverse;

1-4            LOD Face center - side R, close L to R, side R, swing L leg over R;  
5-8            RLOD Face center - side L, close R to L, side L, swing R leg over L;

### Sec 2: Walk in 3, kick + hoi; Backward 3, stomp R & L;

1-4            IN Walk in 3, kick + say hoi;  
5-8&          OUT Backward 3, stomp R & L;

Repeat PART B ; ; ; Dance 4x

LOD: Line Of Dance (Counter Clockwise)

RLOD: Reverse Line Of Dance (Clockwise)

If you have 2 circles you can make the inner circle go opposite (start L foot) for fun.

You can email me for the dance version of the music.  
[melodia@telenet.be](mailto:melodia@telenet.be)

Happy Dancing !!