

Starfire

拍數: 64 牆數: 4 級數: Improver
編舞者: Noreen Wall (UK) - April 2023
音樂: Starfire - Caitlyn Smith



START ON LYRICS 8 SECONDS.

SECTION 1 - SYNCOPATED RIGHT WEAVE, SIDE CHASSE, BACK ROCK RECOVER.

- 1-2 cross left foot over right, step right to right side.
- &,3,4 cross left foot behind right, step right to right side (syncopated steps) cross left over right.
- 5&6. Step right to right, step left next to right, step right to right side.
- 7,8. Diagonal back rock on left, recover weight on right foot.

SECTION 2 - SIDE TOUCH, SIDE TOUCH, LEFT ¼ TURN SIDE TOUCH, SIDE TOUCH

- 1,2 step left foot to left side, touch right toe next to left.
- 3,4 step right foot to right side, touch left toe next to right foot.
- 5,6. Step on to left foot making ¼ turn left (9 o' clock) touch right toe next to left.
- 7,8. step right to right, touch left toe next to right foot.

SECTION 3 - SIDE CHASSE LEFT, BACK ROCK, RIGHT KICKBALL STEP X2

- 1&2. Step left to left side, step right foot next to left, step left to left side.
- 3,4. (diagonal) back rock on right foot recover left foot.
- 5&6 kick right foot forward, recover weight on ball of right foot, change weight on to left foot.
- 7&8. Kick right foot forward, recover weight on ball of right foot, change weight on to left foot.

SECTION 4 - RIGHT ROCK, RECOVER , BEHIND, SIDE, CROSS, LEFT ROCK, RECOVER, COASTER STEP.

- 1,2. Rock right foot out to right side, recover weight on to left foot.
- 3&4. Cross right foot behind left foot, step left to left side, cross right foot over left foot.*
- 5,6. Rock left foot to left side, recover on right foot.
- 7&8. Step back on left foot, close right foot beside left, step forward left foot.

SECTION 5 - SKATE RIGHT, SKATE LEFT. RIGHT SHUFFLE, STEP TOUCH, BACK SHUFFLE,

- 1,2. Forward, skate right, skate left.
- 3&4. (shuffle)step right foot forward, step left foot behind right, step forward right foot.**
- 5,6. (on left diagonal) step forward left foot, touch right toe behind left foot.
- 7&8. Diagonal shuffle back. Step back on right foot, step left foot in front of right foot, step back on right foot.

SECTION 6. LEFT DIAGONALY BACK, TOUCH, FORWARD SHUFFLE. ROCK ¼ LEFT TURN RIGHT CROSS SHUFFLE .

- 1,2. Step back on to left foot (left diagonal) touch right toe in front.
- 3&4. Step forward right foot, step left foot behind right, step forward right foot.
- 5,6. Rock out left foot making ¼ turn right, recover right foot.
- 7&8. Cross left foot over right, step right to right side, cross left over right foot.

SECTION 7 ROCK, CROSS SHUFFLE, GRAPE VINE ¼ TURN, STEP ½ TURN.

- 1,2. Rock right foot out to right side, recover on left foot.
- 3&4. cross right foot over left, step left to left side, cross right foot over left.
- 5,6. Step left to left side, cross right foot behind left foot.
- 7,8. Step ¼ turn left on to left foot facing 9 o' clock , step forward right foot make ½ turn left to 3 o'clock keeping weight on right foot.

SECTION 8 STEP , ¼ TURN, GRAPEVINE ¼ TURN, ROCKING CHAIR.

- 1,2. Step left foot forward, step right to right side making ¼ turn left to 12' clock,
3,4 cross left foot behind right, making ¼ turn right to 3 O' clock Step forward on to right foot.
5,6. Rock forward on to left foot, recover on to right foot.
7,8. Rock back on left foot, recover on right foot.

***Step change and restart. Instead of left coaster step do a left rocking chair and restart wall 3 facing 3 o' clock wall.**

**** step change and restart. ,skate, skate, right shuffle. Step change rocking chair on left foot restart. On wall 7 facing 9 o' clock.**

At end of dance you will finish on the rocking chair. Rock forward left step back left next to right feet apart.
